

Bible Marking & Studies for a Higher Path

By Angela Poch

**Deepen Your Spiritual Journey: Fundamentals
and Beyond for Body, Mind, and Soul.**

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“Search the scriptures; for in them ye think ye have eternal life: and they are they which testify of me.”

John 5:39, KJV

Foreword

This book is, and will ever be, a work in progress. In fact, my hope is that it will be just one way you approach studying the Bible and worshipping our Lord and Saviour. Being a Christian for over 40 years now, I've come to realize just how important growth is. Having multiple ways to study aids that growth tremendously.

Some of us crave change. Most hate boredom. I believe this is God inspired but can go array without other God inspired character traits such as perseverance, dedication, consistency, and patience. May you find the balance of continuing to study when you don't feel like it and changing things up to find deeper meaning in the word which leads to stronger connections with Jesus.

It's ALL about Jesus!!!! ALL these studies are for you to GROW in GRACE, ever keep your eyes on Jesus as you study ANY of these topics. How does this draw you closer to God? How is God's love revealed? In what way is God guiding you through His work on this topic?

May that be your theme as you study any of these topics, Jesus my Lord, Jesus my friend, Jesus my Saviour!

There are some extra verses from time to time I've listed as "bonus" and just a few references to my favourite author Ellen White's books. These are optional, of course but often provide some deeper insight into the true meaning of the text. There are some text that are so rich and full they are used repeatedly but I've also endeavored to use new texts for each topic. So you may wonder why a text was missing from a topic and it's only because I'm trying to use as many different scripture as possible. My goal is for you to read the WHOLE Bible, not just our favorite repeated texts. In fact, in future editions of this book I hope to add a list of stories and Bonus texts to be added so once all the studies are completed, the reader has read the entire Bible! Keep that project in your prayers.

May you connect with our Creator and Redeemer more fully,

Angela Poch

*“In the beginning was the Word, and the Word was
with God, and the Word was God.”*

John 1:1, KJV

Table of Contents

Foreword	3
Study Instructions Error! Bookmark not defined.	
~ A/B ~	13
AV - Advent, Jesus 2nd Coming	13
AN - Angels.....	15
AG - Anger	16
AX - Anxiety & Worry	17
AR - Anxiety & Worry, Promises For	19
BB - Babylon, Symbolic & Spiritual	20
BP - Baptism	21
BI - Bible, God's Word	22
~ C/D ~	23
CB - Christian Behaviour	23
CH - The Church.....	24
CF - Church Family & Function	25
CS - Communion Service	26
CR - Creation	27
DA - Death Pt1: Asleep in Jesus	28
DE - Death Pt2: the Soul.....	30
DC - Decisions, guidance for	32
DP - Depression	33
DV - Devotions, time with God	34
~ E/F ~	35
ER - Error, avoid & find truth	35
EL - Eternal Life	36
EU - Europe's Future Prophecy	37
EV - Evil, origin of	38

FA - Faith	39
FP - Friendship & Phileo Love	40
FO - Forgiveness	41
~ G ~	42
GN - Generosity	42
GD - God, Who is He	43
GT - Godhead	44
GF - God the Father	46
GH - God the Holy Spirit	47
GJ - God the Son	48
GP - Prophecies of Messiah	49
GC - Great Controversy	53
GS - Guilt & Shame	54
GR - Grief & Sadness	55
~ H/I/J/K ~	56
HS - Hardship & Suffering	56
HE - Health, Principles	58
HD - Health, Diet	59
HH - Health, Healing	61
HM - Healthy Mind.....	63
HV - Heaven & New Earth	66
HW - Hell, destruction of the wicked	67
HO - Hope	69
HL - Hopelessness	70
HN - Human Nature	71
HU - Hurt, Past Wounds	72
IN - Intercession Part 1: Our High Priest.....	73
IT- Intercession Part 2: The 2300 Days	73
JY - Joy & Happiness	75
JG - Judging & Judgmental	76
JF - Judgment, final	77

JU - Justice	78
KG - Kindness & Grace	79

~ L/M/N ~80

LW - Law, God's 10 Commandments	80
LC - Law, ceremonial, civil & more	82
LL - Loneliness, alone	84
LV - Love, Agape	85
MK - Mark vs Seal Prophecy	86
MA - Marriage	88
MG - Mercy & Grace	90
ML - Millennium, 1000yrs	91
NL - Nature Lessons	92

~ O/P/Q ~ 93

OB - Obedience = Abide in Christ	93
OC - Overcome Sin & Self-Control	94
OA - Overcoming Alcohol & Other Drugs	95
OE - Overcoming Excess	96
PC - Peace & Contentment	97
PA - Parenting	101
PR - Prayer Principles	102
PY - Prayer, how to	104
PG - Prophecy, Gift Of	105

~ R/S ~ 106

RD - Reconciled Child of God	106
RJ - Rejected & Dismissed	107
RL - Relationships	108
RC - Relationships, Communication	109
RS - Relationships, Errors & Struggles	111
RP - Relationship, Problem People	113
RM - Remnant	115

RI – Righteousness & Sanctification	116
SA - Sabbath	118
SV - Salvation	120
SR - Strength & Courage	121
T/U/V	122
TG - Thankfulness & Gratitude	122
TM - Temptation, Promises For.....	123
TS – Tithe & Stewardship	124
UP – Unpardonable Sin & Rejecting God	126
USA - USA in Bible Prophecy	127
VL - Victorious Living	128
W/X/Y/Z	130
WS - Wisdom	130
WI - Worthlessness & Inadequacy	131
WP - Worship & Praise	133
Study Ideas & Starting Verses	135

Getting Started

There are many ways to use this book. You can do this study in alphabetical order, read through and choose ones that resonate with you, OR do one of the recommended guides on [page ____](#) (which also can be printed out to insert into your Bible as starting points).

Please invite the Holy Spirit to be your guide. I do make some comments from my own personal journey and professional experience as a counsellor, but as a fellow human, I have a bias. The only safe guide is resting in God to lead you and provide wisdom. I highly encourage you to look up the topic in a concordance, adding any verses that speak to you!

Each study has a lesson summary, 10-12 core verses, and may include bonus material or deeper dive. There are questions to promote reflection and a key takeaway. The study may list other studies to do before and/or after for a complete understanding of the topic. I've discovered God weaves so many messages through His word and yet a common thread between them all. Himself.

These studies were written to be done as a Bible chain marking. Where you write in the reference for the following verse in the margin of the current one. See Bible marking steps below. If you've never done this before or don't understand what I mean, get out this [video tutorial](#):

Tips before you begin

- Use your favorite Bible version (I created these referencing KJV, NKJV, NIV, and NLT).
- If you want a new Bible to add these studies to, look for one with wide margins and gaps between paragraphs.
- Get clear or white sticky notes for extra notes.
- Get colored acid free pens or pencils. I like erasable ones but I've used Bible marking felt pens before, they are easier to write clean.
- Write, write, write. Your Bible should be unique to you, record your journey as you study.
- Get an additional journal for personal reflections. I find I discover new things from time to time from the SAME verses. It's amazing to me how I can read a verse 10, 15, or even 20 times then one year something new just hits me!

Bible marking steps

1. CHOOSE a study (see suggested lists on page _____.)
Go to the first verse in the study and read it. IF there are multiple verses, put the study initials in front of the first verse. IE: AN for Angels.
2. Pause to reflect. Highlight, color, or underline words or phrases that speak to you.
3. Use * to reference a note. For multiple notes: *, **, ***
4. Draw images and symbols when appropriate. Getting creative is HIGHLY encouraged. I've seen some amazing creations, Google "Creating Bible Art in a Bible." Alternatively, keep a journal or drawing pad handy for these extras and personal reflections.
5. Write the reference for the next text after the verse or in the margin, use same color pen/pencil throughout the study^.
6. Go onto the next verse, and repeat steps 1 to 5 for each verse in that particular study.
7. After the last verse write, END.
8. Print out or write out a Table of Context in the back of your Bible with the title of the study and the first verse. See premade study sheets on page _____. I print on label paper so I can peel and stick.

^ ALTERNATIVE: use a black pen/pencil for all the writing and a Bible paper safe highlighter to color the reference or verse.

Color Key by Theme

I've bundled studies by five themes based on God's character, Love. The first is Love Promised. What does God promise through His word? The second, Love Revealed. How is God's character revealed throughout time, in our lives, events, or scripture? This includes what my favorite author calls, the Great Controversy, the battle between good and evil. Next, we have Love Applied. What does it look like to have God's character reflected in us? How do spiritual things affect our mental health and wellbeing? Followed by Love Assigned. What are things we are commanded to do, through the GRACE and POWER of God? How can we increase our faith? Are there warnings for us to heed? And lastly, Love Supplied. Much like promises, what does God provide for us to live here? eternally? Honestly,

we could put all commands and promises here because all God's biddings are enablings, but I've singled out concepts that show God's amazing love in how He works to transform us back into His Image.

Or create your own color coding with or without a theme. I've had studies with up to 12 colors, no theme, which makes it easier to see what verse goes with what study when going back over them in your Bible at a later date.

Love Promised – red = fed – promises, eternal life, etc. #F06687

Love Revealed – green = God's character - GC, prophecy #75CF51

Love Applied – cyan = psyche – our character, mental health #51E1F5

Love Assigned – blue = do - growth, faith, law, warnings #0070C0

Love Supplied – purple = provided - salvation, sanctification #7030A0

Bible Abbreviations

Gen = Genesis

Ex = Exodus

Lev = Leviticus

Num = Numbers

Deu = Deuteronomy

Jos = Joshua

Jud = Judges

Ruth

1 Sam = 1 Samuel

2 Sam = 2 Samuel

1 Kg = 1 Kings

2 Kg = 2 Kings

1 Chr = 1 Chronicles

2 Chr = 2 Chronicles

Ezr = Ezra

Nah = Nahum

Hab = Habakkuk

Zep = Zephaniah

Hag = Haggai

Zec = Zechariah

Mal = Malachi

Mat = Matthew

Mk = Mark

Lk = Luke

Jn = John

Acts

Rom = Romans

1 Cor = 1 Corinthians

2 Cor = 2 Corinthians

Gal = Galatians

Neh = Nehemiah

Est = Esther

Job

Ps = Psalm

Pro = Proverbs

Ecc = Ecclesiastes

SS = Song of Solomon

Isa = Isaiah

Jer = Jeremiah

Lam = Lamentations

Eze = Ezekiel

Dan = Daniel

Hos = Hosea

Joel

Amos

Obad = Obadiah

Jonah

Mic = Micah

Eph = Ephesians

Phil = Philippians

Col = Colossians

1 Th = 1 Thessalonians

2 Th = 2 Thessalonians

1 Ti = 1 Timothy

2 Ti = 2 Timothy

Tit = Titus

Phm = Philemon

Heb = Hebrews

Jas = James

1 Pt = 1 Peter

2 Pt = 2 Peter

1 Jn = 1 John

2 Jn = 2 John

3 Jn = 3 John

Jude

Rev = Revelation

~ A/B ~

AV - Advent, Jesus 2nd Coming

The 2nd coming of Christ is the blessed hope. It will be literal, visible, and worldwide. Prophecy, see Mark/Seal, indicates it is near. Belief #25.

Jesus promised that he would return	Jn 14:28
Paul talks about Christ return	Heb 9:28
Angels confirmed the promise	Acts 1:9-11
Enoch prophesied the second coming	Jude 1:14
David declares "our lord shall come"	Ps 50:3
To the righteous it is a joyous event	Isa 25:9
Jesus will come with his angels	Mat 16:27
Every eye shall see him	Rev 1:7
The wicked will not be happy	Rev 6:14-17
Evil destroyed, righteous saved	Mat 13:37-43
The righteous dead ascend with living	1 Th 4:16-17
Signs of (see also Mat 24)	Mk 13
We don't know when	Mat 25:13
We don't know when	Acts 1:6-7
Not know the day, but there are signs	1 Th 5:1-6
Nations are angry	Rev 11:18
Moral decay	2 Tim 3:1-4
Economic difficulties	Jas 5:1-5
Men's hearts failing	Lk 21:26
Warned overwhelming cares of life a trap	Lk 21:34-36
His return will be a glorious event	Mat 16:27
God invites us to come to Him	Rev 22:17-20

AV End

Isn't Jesus coming secretly? As a Thief?

Does this sound secret? Rev 1:7; 1 Th 4:16-17; Mat 24:27. Coming as a thief = quickly and unexpectedly. But in great splendor and glory, seen by everyone. Wicked destroyed.

Rapture? one taken and other left? Mat 24:40.

Ancient Israel was an example 1 Cor 10:11, entered the flames, Dan 3:16-28. Jesus comes after the plagues, Rev 16:15, Rev 15:8. Wheat and the tares grow together till harvest, Mat 13:30. No second chance, Mat 24:44-51. Saved or lost when Jesus comes, Mat 25:31-34. Not left alive, Lk 17:26-36. Noah's day two classes, one left in the flood. In Lot's day two classes, one escaped the other left and destroyed. Where are the people who are left? Rev 19:11-18, dead.

Draft

AN - Angels

Created by the Lord	Ps 148:2, 5
Do His commandments	Ps 103:20
Praise God, were at creation	Job 38:4-7
Worship Jesus, lower than Jesus	Heb 1:3-6
Charge over thee, protectors	Ps 91:11-12
Protect & rescue	Ps 34:7
Rejoice when we repent	Lk 15:10
Protect in time of trouble	Dan 6:22
Little children have angels	Mat 18:10, GC 513
Bring messages from God	Lk 2:10-13
Man created lower than	Ps 8:4-5
Paul repeats Ps 8:4-5	Heb 2:5-7
Ministering spirits	Heb 1:14
Comfort the tempted	Mat 4:11
Come disguised as human	Heb 13:2
Can eat and fellowship	Gen 18:2-5
Many around the throne	Rev 5:11-12
Will come at 2 nd coming	Mat 25:31
Some were cast out of heaven	Rev 12:7-9
Fallen angels will be judged	Jude 1:6
Final destruction of evil angels	Mat 25:41

AN End

AG - Anger

Also see Relationships & Relationships with Problem People

God gets angry, He cares about trust	Ex 4:14
Anger and love can co-exist	Neh 9:17
God created anger, gives for a purpose	1 Sam 11:6
God has a purpose to His anger	Jer 23:20
Anger shows we want to protect others	Num 25:3
Motivates to correct wrong	Num 32:13
Anger shows we value morality	Deu 29:24-29
Shows care about others poorly treated	1 Sam 20:34
Anger motivates to provide justice	2 Sam 12:5-6
Shows we expect more from others	Ex 32:19
Too intense, or wrong, can lead to cruelty	Gen 49:7
Misguided by distorted/neg thoughts	1 Sam 20:30-31
Forgiveness can restrain action	Ps 78:38-39
We can set aside by forgiving to restore	Ps 85:2-4
Our anger is not the same as God's	Jas 1:19-20
Holding onto anger is a problem	Eph 4:26
Holding leads to bitterness, forgive heals	Eph 4:31-32
We should avoid feeding our own anger	Ps 37:7-8
Angry words stir up anger in others	Pro 15:1
Prevent anger in others by supporting them	Num 25:10-13
<i>(see "Compassion Experiment," by Brian Games, National Geographic)</i>	
Be slow to anger, choose wisdom	Ecc 7:9
We can choose a new path	Col 3:7-8

AG End

AX - Anxiety & Worry

The first section of this study is about embracing your emotions while the second part talks about when fear is unhealthy. Finally see Anxiety Promises to crush unhealthy anxiety.

You are not alone	Ps 55:1-6
Ok to worry about your soul	Mat 10:28
It's normal to fear danger	Amos 3:8
Physical symptoms even in healthy fear	Ps 119:120
Moses was terrified	Heb 12:21
Work out your salvation with	Phil 2:12
God desires us to have some anxiety	Deu 5:29
God's mercy is on those who fear Him	Lk 1:50
Often those who don't care, don't fear	Ecc 8:12-13
Healthy anxiety can be taught	Ps 34:11
Worry about others, shows we care	Gal 4:11
Can protect us from harm	2 Kn 25:26
Motivates us to stay connected to God	Ps 34:9
Should be afraid of bad things	2 Cor 12:20
Helps us face terrible circumstances	Ex 14:31
Fear shows we trust God is powerful	Ex 1:14-21
Fear keeps us from hurting others.	Lev 25:17, v36
Fear keeps us from sinning, doing wrong	Pro 14:27
Fear can be too high, too much	Job 4:14
Too much anxiety is a problem	Deu 1:28
God wants to take away unhelpful fear	Isa 41:10-14
We can go to Jesus when we are afraid	Mk 5:33
Healthy fear, but we not terrified	Ex 20:20
We can 'dial back' it back	Pro 15:16
We fear because of what we think	Job 23:15
Shows we care what others think	Job 31:34
We have a choice what to dwell on	Mat 6:34
We can trust God even in fear	Ps 56:3-4
God wants to take away our fear	Lk 1:74

Draft

AR - Anxiety & Worry, Promises For

These are general verses intended to inspire hope, see anxiety for more details and don't forget to study Mental Health in general.

Jesus instructions on worry	Mat 6:25-34
You might be harmed but trust God	1 Peter 3:13-15
God delivers compassion	Ps 116:5-8
We don't have to fear evil	Ps 23:4-5
God is with us, natural disasters or trauma	Ps 46:1-3, 7
We don't have to fear bad news	Ps 112:7-8
Spirit provides courage	2 Tim 1:7
God is bigger than anyone, any issue	Ps 27:1
Trust God's got this	Ps 55:22
His presence banishes fear.	Ps 61:1-4
You don't need fear what men can do	Ps 56:11
God cares for us, told to fear not	Mat 10:29-31
Wisdom helps protect, not emotion	Pro 3:21-26
Promise of being with us through trials	Isa 43:2
Seek Him, He will defend & save us	Ps 34:4-6
Promise of being with us through trials	Isa 43:1-2

AR End

BB - Babylon, Symbolic & Spiritual

See also Remnant, Error, and Mark vs Seal.

The bride of Jesus represents the church	Eph 5:31-33
Daughter of Zion like beautiful woman	Jer 6:2
Zion, thou art my people	Isa 51:16
Beautiful woman represents God's church	Rev 12:1-3
Apostate system compromises truth	Rev 17:1-6
Truth is cast to the ground	Dan 8:12
Headquarters city of seven hills, or Rome	Rev 17:7-9
Babylon represents confusion	Gen 11:9
Based on human tradition/achievement	Dan 4:30
Babylon filled her temple with idols	Jer 51:47
Thou shalt not make any graven images	Ex 20:4-5
Ancestor & sun worship	Eze 8:12-16
The dead do not praise the Lord	Ps 115:17
The Sabbath is God's sign	Eze 20:12, 20
Will attempt to unite mankind	Rev 17:12-14
Final call for people to come out of B	Rev 18:1-4

BB End

BP - Baptism

By baptism we confess our faith in the death and resurrection of Jesus and testify of our purpose to walk in newness of life. It is by immersion in water and follows instruction in the Holy Scriptures. Belief #15.

John preached repentance and baptism	Mk 1:4-5
Jesus our example was baptized	Mk 1:9-11
Jesus was an adult when baptized	Mat 3:13-15
Believe and be baptized	Mk 16:16
When saved we express by	Acts 16:30-33
Be baptized and wash away your sins	Acts 22:16
Repent and be baptized	Acts 2:38-41
Both go into the water	Acts 8:38-39
Much water required for	Jn 3:23
Buried with Christ through baptism	Col 2:12-13
Symbolic of putting on Christ	Gal 3:25-27
Go teach, and baptize, in name of God	Mat 28:19-20
One lord, one faith, one baptism	Eph 4:5
Baptized into the body of Christ, church	1 Cor 12:13
Old life dies, raised to a new life	Rom 6:1-7

BP End

BI - Bible, God's Word

The Holy Scriptures, Old and New Testaments, are the written Word of God, Belief #1. The inspired authors wrote as they were moved by the Holy Spirit. God also speaks to us through nature, His still small voice, and providence. See Devotions how to study.

Is true and dependable	Ps 12:6
God's word is eternal	Mat 24:35
God's word is perfect	Pro 30:5-6
Protects from error	Isa 8:20
We need to live by	Mat 4:4
It is alive, powerful for change mixed with faith	Heb 4:2-3
To teach and provide hope	Rom 15:4
Wise for salvation, teaching, equipping	2 Tim 3:15-17
Keeps us upright, prevents from sin	Ps 119:9-12
Is true and eternal	Ps 119:160
Compare scripture with scripture	Isa 28:9-11
God's word written	Ex 31:18
God's word can be spoken	Deu 8:3; Job 23:12
Still small voice	1 Kn 19:11-13
Heart open, mind of Christ, Spirit discerns	1 Cor 2:13-16
God revealed His will from the beginning	Rom 1:20
God's word found in nature	Ps 19:1-6
God's word comes through prophets	Amos 3:7
Have faith to receive the message	Heb 4:12
Don't stop at just getting knowledge	2 Peter 1:6-7

BI – END

~ C/D ~

CB - Christian Behaviour

We are called to be a godly people who think, feel, and act in harmony with biblical principles in all aspects of personal and social life. Belief #22 For the Spirit to recreate in us the character of our Lord, we are to engage in whatever brings our thoughts and bodies into the discipline of Christ. See Reconciled Child of God for empowerment. All God's biddings are enablings. Read all of Mat 5!

More than talk, do the will of God	Mat 7:21
Live like Jesus	1 Jn 2:6
Love not the world	1 Jn 2:15-17
Children of the light	Eph 5:1-21
The duty of man keep God's law of love	Ecc 12:13
Blessed to keep the commandments	Ps 112:1
Jesus expands the commandments	Mat 5:21-22
Respect authority, no slander, peaceable	Titus 3:1-2
Do good, avoid controversies	Titus 3:8-9
Care for the less fortunate	Isa 58:6-7
Dress modest, refrain from extravagance	1 Tim 2:8-10
Removing jewelry surrender/remorse	Ex 33:4-6
Jewelry associated with idolatry	Hosea 2:13
Health is important – Body & Mind	Rom 12:1-2
More than just behaviour	Mat 5:38-48
Love others, quiet life, independent	1 Th 4:9-12
Others first, be like Jesus in relationships	Phil 2:3-5
Spirit provides! Holy life, gospel message	2 Tim 1:7-11

CB End

CH - The Church

Belief #12 A community of believers who confess Jesus. Continuing from God's people in Old Testament times, we are called out from the world; and join together for worship, fellowship, instruction, celebration of the Lord's Supper, service, and worldwide proclamation of the gospel. See Church Family & Remnant.

Christ established a church with structure	Mat 16:16-20
Church the body of Christ	Eph 1:22-23
Body of Christ	Rom 7:4
Jesus the head of	Eph 5:23-27
Community of believers	1 Cor 1:2
Preach Christ	Eph 3:8-11
Grows when living in fear of God	Acts 9:31
Instruction for faith & growth	Acts 16:4-5
Church instructs the elders/preachers	Acts 15:3-4
Elders/Pastors to preach and travel	Acts 12:5
Leadership to keep watch	Acts 20:28
Church is not to judge outside itself	1 Cor 5:12-13
Can meet anywhere	Rom 16:5
Where two or three are gathered	Mat 18:19-20

CH End

CF - Church Family & Function

The church is one body with many members, called from every nation, kindred, tongue, and people. In Christ we are a new creation. We are all equal in Christ. Belief #14.

We are a family	Eph 2:19-22
Christ equips the church	Eph 4:11-16
Church is one body, many parts	1 Cor 12:12-26
Officers – Elders are appointed	Acts 14:23
Elders and Administration	1 Tim 3:1-7
Officers - Deacon	1 Tim 3:8-13
Don't put one above another	1 Cor 1:10-12
Don't follow people	1 Cor 1:13-15
Don't neglect to get together	Heb 10:24-25
Bear up each other, be kind, forgiving	Col 3:11-17

CF End

CS - Communion Service

The Lord's Supper is a participation in the emblems of the body and blood of Jesus as an expression of faith in Him, our Lord and Saviour. In this experience Christ is present to meet and strengthen His people. As we partake, we joyfully proclaim the Lord's death until He comes again. Preparation for the Supper includes self-examination, repentance, and confession. The Master ordained the service of foot-washing to signify renewed cleansing, to express a willingness to serve one another in Christlike humility, and to unite our hearts in love. The communion service is open to all believing Christians. Belief #16.

A promise & remember of deliverance	Ex 12:11-14
Passover lamb offered up to God	2 Chr 35:1
Passover only at one location, as a type	Deu 16:5-6
Jesus is the sacrifice	Heb 10:8-10
Jesus the lamb of God	Jn 1:29
Jesus the Passover lamb	1 Cor 5:7-8
Paul's account, purpose of communion	1 Cor 11:23-29
Replaces the Passover celebration	Mat 26:17-19
Jesus takes and blesses the bread & wine	Mat 26:26-30
Jesus describes how to observe	Mk 14:12-26
Jesus will wait till he returns to do again	Lk 22:14-16
Symbolism of the bread	Jn 6:47-51
Bread is without yeast	Eze 45:21
Washing the feet	Jn 13:1-17
Come together in unity over	1 Cor 10:16-17

CS End

CR - Creation

God has revealed in Scripture the authentic and historical account of His creative activity. He created the universe, and in a recent six-day creation the Lord made the heavens and the earth. When the world was finished it was "very good," declaring the glory of God. See Psalm 104. Belief #6.

The account of	Gen 1:1-2:6
Made the entire universe	Heb 1:2
He created it, it is His	Acts 17:24-25
God owns it all	Deu 10:14
God had to change original creation	Gen 7:11, 17-8:1
Earth not the same now	Gen 8:21-22
God makes a covenant with	Gen 9:12-17
God made it all	Neh 9:6
Frustrated by man, waits to be restored	Rom 8:19-22
Rejoice, waits for God to judge & cleanse	Ps 96:11-13

CR End

DA - Death Pt1: Asleep in Jesus

Belief #26 part 1. God, alone is immortal, grants eternal life to His redeemed. Until then death is an unconscious state "sleep" for all people. See DE Death, the Soul & Resurrection. For comfort see Grief/Sadness, for worry of your own mortality see Eternal Life.

Hope to see Jesus (our loved ones) again	Jn 16:16
Comfort around death	Jn 16:22
Jesus will bring our saved loved ones back	1 Th 4:13-14
The saved will rise again when Jesus comes	1 Th 4:16-18
We can find solace in dying saved	Pro 14:32
Jesus compares death to sleep	Jn 11:11-14
Focus on future gives courage in the face of	Jn 11:16
Sleep in grave	Mat 27:51-53
All sleep in the dust, good & bad	Dan 12:2-3
Living know, but dead don't	Ecc 9:5-6
No work, no knowledge	Ecc 9:10
Thoughts perish at	Ps 146:2-5
No remembrance of God in the grave	Ps 6:4-5
Death of the saved is precious to God	Ps 116:15
We can be at peace when we die	Isa 57:1-2
God will redeem us from death	Hos 13:14

DE End – SEE next study, these should be done together!

Questions about death

What about "absent from the body, present with the lord?" Phil 1:21-23

2 Cor 5:4-8. Paul contrasts the perishable body subject to sickness, disease, and death, with the glorious, immortal body God has prepared for us when we are taken to heaven. Paul is saying he longs for Jesus second coming 1 Cor 15:51-54. See Paul's second letter to Timothy, 2 Tim 4:6-8, he waits for Jesus. Phil 3:20-21. 2 Tim 4:7-8. Paul longed for the return of Jesus, death would mean freedom from pain, prison, and temptation. Close his eyes and be with the Lord would feel instantaneous.

Witch of Endor & Samuel speaking to king Saul?

1 Sam 28:15 God's spiritualists were to be driven out of the land of Israel, it is the work of satanic forces (see Deu 18:10-15; Isa 47:13, 14). Saul had already rejected the prophet, 1 Sam 28:6. Saul went because he had

received no answer from the Lord. What Saul saw was not Samuel, 1 Sam 28:13-14. Since the dead know nothing, and God would never contradict Himself, it has to be Satan masquerading Rev 16:14.

Draft

DE - Death Pt2: the Soul

Belief #26 part 2. We don't have a soul, rather we are a soul. The body combined with God's Spirit or breath of life = a soul. When we die the breath/spirit goes back to God. When Christ returns the resurrected righteous and living righteous will be glorified. The resurrection of the unrighteous, will take place a thousand years after. See Millennium and Judgement, Final.

Dust + God's breath = living soul	Gen 2:7
The spirit is God's breath of life/his power	Job 27:3
Breath in the hand of God	Dan 5:23
We return to dust	Gen 3:19
Body returns to dust, spirit to God	Ecc 12:7
Only God has immortality	1 Tim 6:15-16
Soul mentioned 498x in KJV but never once as immortal	
We have to seek immortality	Rom 2:6-7
Sin = death = not eternal life, gift of God	Rom 6:23
Ye shalt not die, lie told by Satan	Gen 3:4
The soul who sins will die	Eze 18:4
All waiting for two resurrections	Jn 5:28-29
David did not ascend to heaven at death	Acts 2:34
Dead wait till heavens pass (2/3 rd coming)	Job 14:12
Get our reward at the end of days	Dan 12:13
Paul waits with others for reward	2 Tim 4:7-8
We get real bodies that will be ours	Job 19:25-27
Asleep in Christ rise at the second coming	1 Cor 15:52-57

DE END - SEE previous study, these should be done together!

More questions about death

Parable of the rich man and Lazarus? Lk 16:19-31

This is a parable. Why did Jesus tell the story of Rich man & Lazarus? The Jews also believed that riches were a sign of God's favor and poverty a sign of his displeasure. Jesus used this story to teach three lessons:

- Lesson #1 Riches are not a sign of God's favor.
- Lesson #2 The decisions made now determine our destiny.

- Lesson #3 If you reject clear teachings of God's word, you'd reject even a miracle.

"souls under the altar crying with a loud voice", Rev 6:9-11?

The suffering on this earth is so great, it begs the questions how long the Great Controversy will continue. I believe this verse, like most of the ones in Revelation is symbolic, not literal.

Draft

DC - Decisions, guidance for

Highly recommend "Decision Making Form" by Dr. David Burns which is a four quadrant CBA. Also see Error & Wisdom

God promises wisdom when we ask	Jas 1:5
Search your heart for sin or resistance	Ps 66:18-19
Analyse your motives, is God first?	Jas 4:3
Believe God desires to guide you and will	Isa 58:11
God will instruct you	Ps 32:8
Ask God to direct you inline with truth	Ps 119:133
Seek counsel from Godly, Christians	Pro 11:14-15, 22
Counselling with others important	Pro 15:22; Pro 1:5
Ask those with experience, be patient	Pro 16:31-32
Don't wing it, gamble	Pro 16:33
Listen to advice	Pro 12:15
Look for providence indications	Ecc 8:5-6
Trust God works on your behalf	Rom 8:28-30
Look at all the pros & cons	Luke 14:28
Can't serve two masters	Mat 6:24
Take time to think through	Lk 14:31-33
Not by feel good, commit to your plans	2 Cor 1:17
Listen for God's voice / providence	Isa 30:21
Commit your plans to God	Pro 16:1-9
God directs, mistakes happen, trials into triumph	Ps 37:23-24

DC End

DP - Depression

Depression takes many forms. We can feel sad, down, worthless, hopeless, inadequate, or all the above. This study is not meant as a standalone, see Mental Health. Also see: Hardship/Suffering, Grief/Sadness, Worthlessness, and Hopelessness, Hurt, Mental Health, and Strength/Courage. See 2MCP Ch 52; 1T 309-310.

God notices and records our misery	Ps 56:8
You are not alone, Christ experienced	Lk 22:44; DA 694.1
It is realistic, stuff doesn't bring joy	Ecc 2:1-11
God draws near when we feel broken	Ps 34:18
Overwhelmed by trouble, rejected by God	Ps 88:1-3, 6-7
We can't be out of God's presence	Ps 139:7-12
Life is unfair	Jer 12:1
Things of this world don't help you feel better	Ecc 1:3-4, 8
If we focus on circumstances we can get NT	1 Sam 17:24; PP 645
Goliath was formidable, seem impossible	1 Sam 17:4, 8
Dwelling on circumstances led to despair	1 Sam 17:11
David not in despair, he trusted in God	1 Sam 17:37
Circumstances don't cause anxiety/dep.	Rev 2:10
Even in physical pain, troubles	2 Cor 4:16-18; AA363.1
Nothing can separate us from God	Rom 8:35
Sometimes our guilt plagues us	Ps 40:12-13
Keep our eyes on the Lord	Ps 16:8
Joy in trusting God	Ps 28:7-8
In trying moments, God is still in control	Ps 118:13-14
We can always go to God for refuge	Ps 71:1-4
Singing and song	Ps 59:16-17
Paul, while in prison, focused on gratitude	Phil 1:12-14,18
Move forward till you reach God, He's here	1 Kn 19:3-8
Optional, A prayer of for trial & pain	Ps 5

DP End

DV - Devotions, time with God

Seek Him daily with your whole heart	Jer 29:13
Be as a little child, open, innocent	Mat 11:25
Get up early for	Mk 1:35
Holy Spirit guides us into truth	Jn 16:13
God will reveal knowledge	Jer 33:3
Meditate on God's word	Jos 1:8
Pray often, gratitude even in trials	Dan 6:10
Praise, long for, and seek God	Ps 63:1-8
Rise before dawn, meditate on promises	Ps 119:147-148
Study God's word diligently	Jn 5:39
Jesus expounded on Old Testament	Lk 24:27
Study nature	Job 12:7-10
God is already there, waiting to be with you	Rev 3:20
Sing praises to God	Ps 92:1-2
Give thanks to God	Ps 118:28-29
Pray for all people	1 Tim 2:1
Be steadfast in prayer (see also prayer)	Col 4:2
Praise God!	Ps 66:1-4

DV End

~ E/F ~

ER - Error, avoid & find truth

For the errors of others see Rebuke.

God's word is the source of truth	Ps 119:105
Walk in the light you currently have	Jn 12:35-36
Be humble, trust God over yourself, submit	Pro 3:5-7
Willing to be corrected	Pro 13:18
We can resist truth, leads to error	2 Peter 3:5
Jesus warned us of false teachers	Mat 24:24
Be aware error exists, test for truth	1 Jn 4:1, 4-6
Against what Bible teaches	Pro 19:27
Captive philosophy of the world	Col 2:8
It's causing strife, unwholesome, greed, etc.	1 Tim 6:3-5
Learn from each other but ask God first	1 Jn 5:9
Careful of human traditions and rules	Mk 7:7-8
God offers free choice	Jos 24:14-15

ER End

EL - Eternal Life

Where, when, and how!

Given through Son of God	1 Jn 5:11-12
Christ IS eternal life	1 Jn 5:20
God promises it	1 Jn 2:25
Knowing God provides	Jn 17:3
God's gift	Rom 6:23
How to get	Mat 19:16-26
Be completely surrendered	Jn 12:25-27
Obey all commands of the Father	Jn 12:49-50
Justified through Christ	Titus 3:3-7
Reject God or His word, not worthy of	Acts 13:35-41
Accept His word & share the light	Acts 13:46-49, 52
God will raise us for at the last day	Jn 6:54
God promises, no one can take it away	Jn 10:27-29
Jesus will bring it (we don't have it now)	Jude 1:21

EL End

EU - Europe's Future Prophecy

The metal man of Daniel, prophecy foretold the ruling powers that affected Israel. Eventually describing formation of Europe.

Nebuchadnezzar's troubling dream	Dan 2:1-11
Dan asks for time	Dan 2:16
God reveals the dream to Daniel	Dan 2:19-23
Dream reveals what shall come to pass	Dan 2:28-38
Nebuchadnezzar is the head of gold. Babylon lasted from 605 bc to 539 bc, Medes and Persians after Babylonians	
The amazing prediction of Cyrus	Isa 44:28
Prophecy over 100 years in advance	Isa 45:1
A third kingdom predicted	Dan 2:39
Greece conquered Medo-Persia	Dan 8:20-21
Medo-Persia from 539 bc to 331 bc. Greeks from 331 bc to 168 bc. A fourth kingdom strong as iron	
	Dan 2:40-43
Rome ruled from 168 bc to 351 AD. Attempt to unite Europe through marriage	
Gods kingdom represented by the rock	Dan 2:44
Ungodly broken to pieces (like the image)	Ps 2:8-9
Blessed hope and glorious appearing	Titus 2:13

EU End

EV - Evil, origin of

See *Patriarchs & Prophets chapter 1 and 3. GC Ch 29.*

All God created was good	Gen 1:31
God is blameless	Ps 18:30
God doesn't tempt anyone	Jas 1:13
The enemy of God and man	Mat 13:24-28
Lucifer was once part of heaven	Eze 28:12-17
God created perfectly	Eze 28:15
Lucifer wanted to exalt himself	Isa 14:12-14
War in heaven	
	Rev 12:7-9
Lucifer cast out	
	Lk 10:18
Evil is a mystery	2 Th 2:7
Sin leads to mistrust and death	Gen 3:1-7
Separates us from God	Isa 59:1-2
The nature of man changed	Jer 17:9
By one all sinned, by one all saved	Rom 5:12-14
Evil grows continuously if unchecked	Gen 6:5-6
God must intervene to prevent annihilation	Gen 6:11-13
God sets limits	Job 38:11
Satan will be destroyed	Eze 28:17-18
Our God will make all things new	Rev 21:1-5
Sin will never be again	Nahum 1:9

EV End

FA - Faith

Faith is the foundation	Heb 11:1-4
Test God out	Ps 34:8
Drawing near Jesus we receive	Heb 10:22
Ask God for more when you doubt	Mk 9:24-25
We don't need much	Lk 17:5-6
Grow is possible comes with moving forward	Lk 17:7-10
Comes by hearing and doing	Rom 10:17
Faith is an action, right, take hold, etc.	1 Tim 6:12
Faith manifests itself though action	Lk 5:18-20
Faith without works is a dead	Jas 2:17-26
The Christian lives by faith	Gal 2:20
Which worketh by love	Gal 5:6
Through, inherit the promises of God	Heb 6:12
God's grace provides hope	Rom 5:1-2
Jesus invites a relationship of	Mk 11:22-24
Jesus finishes it, fix your eyes on Him	Heb 12:1-3

FA End

FP - Friendship & Phileo Love

While agape is godly love and the critical foundation of Gods character and throne, God also created other forms of love including phileo, or brotherly love. This love is deep, affectionate, and is not chosen intellectually like agape but rather formed through connection and developing a relationship.

God himself has Phileo love	Jn 5:20; Jn 16:27
Commanded to have	1 Peter 3:8-9
Friendship love is important	Jn 21:15-19
Cursed if we don't have Phileo toward God	1 Cor 15:22
Love of God is good foundation for friendship	Ps 119:63
Friends often closer than family	Pro 18:24
David & Jonathan good examples of	1 Sam 20:42
Friends of friends/family are important too	Pro 27:10
Choose good friends	1 Cor 15:33
Choose carefully	Pro 12:26
Have all manner of friends	Lk 7:34
Some friends may hurt you	Mat 26:49-50
Different levels of friendship, group of	Mat 10:2-4
Some closer than others	Mat 17:1-2
Friends love always	Pro 17:17
Be honest and direct, don't gossip about	Pro 16:28
Rebuke is sweet from a friend	Pro 27:5-6
Be kind even if you think a friend is wrong	Job 6:14
Counsel from a friend is helpful	Pro 27:9
Gods phileo love rebukes us	Rev 3:19
We can be God's friends	Jn 15:14-15

FP End

FO - Forgiveness

See also Salvation, Mercy & Grace, Relationships, and Anger.

Forgiveness brings happiness & blessings	Ps 32:1
God is ready to	Ps 86:5
God willingly pardons	Mic 7:18-19
God abundantly pardons	Isa 55:7
God forgives completely	Ps 103:2-4
Ready to pardon the worst or repeat offenders	Neh 9:16-19
God abounds in love & forgiveness	Num 14:18-19
We need to repent for God to forgive	Acts 3:19
Let's go of wrongs like the mist	Isa 44:22
God forgives for Himself and us	Isa 43:25
We must forgive others to receive	Mat 6:12
We are to forgive repeatedly	Mat 18:21-22
Lack of forgiveness separates from God	Mk 11:25
Forgive others because we've been forgiven	Col 3:12
We inherit a blessing through	1 Peter 3:9
The Lord takes care of Justice/Revenge	Pro 20:22
Forgiveness is important for friendships	Pro 17:9
Forgiving is not holding onto	Heb 8:12
On the new earth remember sin no more	Jer 31:34
Forgive even mistreatment	Lk 6:27-28
God's love coming full circle	Lk 6:35-36

FO End

~ G ~

GN - Generosity

Generosity is not about money, it's about character, compassion, and grace. See Tithes/Stewardship.

Widow's Mite	Mk 12:41-44
Luke's version of widow's mite	Lk 21:1-4
God loves a cheerful giver	2 Cor 9:6-11
Is for the giver, not the receiver	Acts 20:32-35
We are commanded to give	Deu 15:7-8
Share more than money	1 Tim 6:18-19
Generosity helps our children	Ps 37:25-26
Reminds us who we serve	Deu 8:10-18
Shows we are thankful	Deu 16:17
God gives us all to begin with	Ps 50:10
Shows compassion	Lk 10:30-37
Prevents covetousness	Lk 12:15
Covetousness leads to relationship issues	Jas 4:2-3
Keep your mind on God	Col 3:2-5
Can't covet if giving	Pro 21:26
We can't out give God	Pro 11:24-25

GN End

GD - God, Who is He

Good, upright, loving, guides & instructs	Ps 25:8-11
All knowing	1 Jn 3:20
His thoughts beyond us	Ps 139:17-18
All powerful	Jer 32:17, 27
Creator	Rev 21:6
Eternal	Deu 33:27; Ps 90:2
The I am, Jehovah	Ex 6:2-3
God is merciful, gracious, loving	Ps 86:15-16
Just, fair, right	Ps 89:14; 103:6
Which is, was and is to come	Rev 1:4
Declares the end from the beginning	Isa 46:9-13
Long suffering, gracious and merciful	Ex 34:6-7
Far from being an arbitrary curse, rather in limited scientific terminology, Moses is writing that God wrote our genetic code which we inherit.	
Draws us with loving kindness	Jer 31:3
All is His	Ps 24:1; 1 Chr 29:11
GD End	

GT - Godhead

There is one God: Father, Son, and Holy Spirit, a unity of three coeternal Persons. Belief #2

God is plural	Gen 1:26
God is one	Deu 6:4
God speaks as I and us	Isa 6:8
God has a Spirit	2 Cor 1:21-22
All three at Christ's baptism	Mat 3:16-17
Jesus commands baptism in	Mat 28:19
One God as there is One body (church)	Eph 4:4-6
The roles of each	1 Peter 1:2
Paul speaks about all three	2 Cor 13:14
Angel speaks of all three to Mary	Lk 1:35
They work as one	Gal 4:4-6
They commune with each other	Lk 10:21-22

GT End

Notes:

Now unto the King eternal, immortal, invisible, the only wise God, be honour and glory for ever and ever. Amen. 1 Timothy 1:17.

"The revelation of Himself that God has given in His word is for our study. This we may seek to understand. But beyond this we are not to penetrate. The highest intellect may tax itself until it is wearied out in conjectures regarding the nature of God, but the effort will be fruitless. This problem has not been given us to solve. No human mind can comprehend God. None are to indulge in speculation regarding His nature. Here silence is eloquence. The Omniscient One is above discussion. Even the angels were not permitted to share the counsels between the Father and the Son when the plan of salvation was laid. And human beings are not to intrude into the secrets of the Most High. We are as ignorant of God as little children; but, as little children, we may love and obey Him. Instead of

speculating in regard to His nature or His prerogatives, let us give heed to the words He has spoken.” MH 429.3-MH 429.4

Draft

GF - God the Father

God the eternal Father is the Creator, Source, Sustainer, and Sovereign of all creation. He is just and holy, merciful, and gracious, and abounding in steadfast love and faithfulness. Belief #3

Show us the Father is like Jesus	Jn 14:8-11
God encompasses all	1 Cor 8:6
We have a Father in heaven	Mat 23:9
He is the protector and father to orphans	Ps 68:4-5
He works in us	Isa 64:8
The Father has created us	Mal 2:10
He blesses us	Eph 1:3
Love us as children	1 Jn 3:1
God comforts us	2 Cor 1:3-4
Only Jesus has seen	Jn 1:18
He is our Father	Jn 20:17
God teats us as children in discipline	Heb 12:7
Pray to the Father	Mat 6:6
He is our redeemer	Isa 63:16
Gives us every good and perfect gift	Jas 1:16-18

GF End

GH - God the Holy Spirit

God the eternal Spirit was active with the Father and the Son in Creation, incarnation, and redemption. He is as much a person as are the Father and the Son. He inspired the writers of Scripture. He filled Christ's life with power. He draws and convicts human beings. See also Unpardonable Sin. Belief #5.

Jesus describes Him, as a divine being	Jn 16:7-15
He is God and allows God to live in us	Acts 10:38
God shares His love to us through	Rom 5:5
The Holy Spirit intercedes, has a mind	Rom 8:26-27
Comes to testify of Christ	Jn 15:26
Makes us, gives us life	Job 33:4
We should ask for	Lk 11:13
Christ asks for, He lives in us, is truth	Jn 14:16-18
The Holy Spirit teaches us	Jn 14:26
Leads us, makes us part of the family	Rom 8:13-17
Empowers us	Acts 1:8
The Holy Spirit can be grieved	Eph 4:30
Lack of forgives is rejecting the HS	Mat 6:14-15
We won't have if reject	Gen 6:3
Transforms character, gives a new heart	Eze 36:26-27
Produces His fruit in our lives	Gal 5:22-26
Speaks to us to touch others	2 Sam 23:2
Works through us to help others	Lk 4:18-19

GH End

GJ - God the Son

Through God the eternal Son, all things were created, the character of God revealed, salvation of humanity accomplished, and the world judged. Truly God, He became truly human, incarnate as Jesus. See Prophecy of Messiah. Read Isa 53. Belief #4, #9

Is the Word	Jn 1:1-3, 14
The way to the Father	Jn 14:6-7
One with the Father	Isa 9:6
Equal with God	Phil 2:6-11
Fullness of the Deity	Col 2:9
Jesus declared self-existence, the I Am	Jn 8:58
I am is the name of God	Ex 3:14
Creator, sustainer, existed before ALL	Col 1:15-20
All power is given to	Mat 28:18
Our High Priest	Heb 3:1
Took on our nature	Heb 2:9-17
Our Judge	Jn 5:22, 27
Jesus forgave sins	Lk 5:20-24
Died for our sin and raised again	1 Cor 15:3-4; Rom 4:25
Has the power of resurrection	Rom 1:2-6
Son of God & Messiah	Jn 20:31

GJ End

GP - Prophecies of Messiah

The Bible clearly lays out who the Messiah is and when he would come could be varied by prophecy. See Intercession for "when".

His birthplace	Mic 5:2; Lk 2:2-7
Virgin birth	Isa 7:14; Mat 1:22-23
Lineage through Judah	Gen 49:10 Lk 1:27, 30-32 Num 24:17; Mat 2:1-2
The Messiah's ministry	Isa 61:1-3; Lk 4:16-21
Betrayed by a friend	Ps 55:12-14; Mat 26:47-50
Betrayed for 30 pieces of silver	Zec 11:12-13; Mat 26:14-16 Mat 27:5-7 Jer 19:1-6; 32:6-7
A lamb to the slaughter	Isa 53:6-7; Acts 8:32-35
He would be mocked, pierced, not stoned	Ps 22:16-18
And garments gambled for	Lk 23:32-36
Jesus' last words	Ps 22:1; Mat 27:46
Not a bone was broken	Ps 34:20; Jn 19:36
Where he was buried	Isa 53:9; Mat 27:57-60
Resurrection	Ps 16:10; Mat 28:2-7

GP End

Questions on God the Son, Divinity of

Doesn't the Bible teach that Jesus was the "first born"

Col 1:15. The previous text refers to Jesus as the first born of every creature Jesus declared that he was the "i am" meaning the self-existent one Ex 3:14; Jn 8:58; the Greek word here for first born is prototokos meaning the pre-eminent one-the one who has the privileges and

prerogatives of God Jesus is the first born not in the sense of time but of privilege All the privileges of the first born are his David was the eighth son of Jesse, yet called the first born because of his privileged status as king. *Jesus existed before Abraham* Is the prophet called him the everlasting father. Isa 9:6 *Micah declares that his origin is from everlasting.* Mic 5:2 *John affirms that Jesus is God.* Jn 1:1. *Jesus had the privileges and prerogatives of God.* Phil 2:5-11; Heb 2:14; Heb 2:17; while the world was lost he voluntarily left heaven to become a man, dwelling in human flesh, fighting.

Draft

GW – God’s Voice & Will for Me

Understand what is God’s will for my life is an important part of our relationship with Him. We can be unsure about the thoughts we have, are they from God? Our own thoughts? The enemy? We want to be in tune but we also want to avoid religious delusions and religiosity.

God’s guidance must match Scripture	Isa 8:20
God’s Word lights every step we take	Ps 119:105
Jesus reveals God and His will	Heb 1:1–2
Trust and submit	Pro 3:5–6
Faith and surrender	Ps 37:5
Willing heart makes God’s will clearer	Jn 7:17
Scripture trains us to recognize God’s will	2 Tim 3:16
God’s Word exposes motives	Heb 4:12
Scripture gives hope, direction	Rom 15:4
The natural world teaches about God	Job 12:7–10
A renewed mind discerns God’s will	Rom 12:2
God invites reason	Isa 1:18 KJV
God gives wisdom when we ask:	James 1:5
Conscience and thoughts:	Rom 2:15
The Spirit teaches	Jn 14:26
The Spirit guides progressively	Jn 16:13
God often speaks softly	1 Kings 19:11–12
God’s children recognize His voice	John 10:27
God guides as we move forward	Isa 30:21
God opens and closes doors	Rev 3:7–8
The Spirit may redirect our plans	Acts 16:6–10
God can redeem harmful circumstances	Gen 50:20
God leads visibly when necessary	Ex 13:21–22
Wise counsel protects from error	Pro 11:14
Godly advisers strengthen plans	Pro 15:22
God gives leaders to equip and guide	Eph 4:11–13
God’s peace settles and guards the heart	Phil 4:7
God’s voice brings courage—not fear	2 Tim 1:7

God is gentle with the weak and hurting	Isa 42:3
Jesus invites with gentleness and rest	Mat 11:28–29
God directs our steps even in weakness	Ps 37:23–24
God works good from circumstance	Rom 8:28
Forget your mistakes, press on	Phil 3:13–14
We walk by trusting God, not full clarity	2 Cor 5:7
If we make mistakes, He can redirect once we surrender: Jonah 1–3	

GW End

Draft

GC - Great Controversy

See also Human Nature

All are involved in a great controversy between Christ and Satan regarding the character of God. The conflict originated in heaven when Lucifer, through freedom of choice became Satan by self-exaltation and led into rebellion some of the angels. This world is the arena of the universal conflict, out of which the God of love will ultimately be vindicated. Belief #8

Lucifer created perfect but fell	Eze 28:12-18
Deceived 1/3 of the angels	Rev 12:4
Deceived man that knowing evil is good	Gen 3:11-14
God puts enmity between	Gen 3:15
Satan is ever trying to deceive	1 Peter 5:8
Satan accuses God, theater of the univ.	Job 1:6-12
We are a spectacle of the universe	1 Cor 4:9
Sin through Adam, Life through Jesus	Rom 5:18-21
God can make good out of evil	Gen 50:20
God of love reveals Himself	Jn 14:30-31
Evil can only be overcome with good	Rom 12:21
Paul explains the law and sin	Rom 7:7-12
If we fall, call to Jesus	Ps 38:15-18, 21-22
He atones sin for the whole world	1 Jn 2:1-2
God, Father & Son rescue from darkness	Col 1:12-14
Truth about evil revealed	2 Th 2:7-12
Wicked destroyed	2 Th 1:6-10

GC End

GS - Guilt & Shame

Being guilty is different from feeling guilty. We can rest in the promise of forgiveness for our mistakes and sins. See Mercy & Grace, also Depression, Worthlessness, Forgiveness, and Mental Health.

No sin, no shame	Gen 2:25
Guilt is different from feeling guilty	Lev 5:17
We should feel shame when we sin	Jer 3:25
Dangerous to not feel any shame	Jer 6:15; Jer 8:12
Guilt can lead us to examine ourselves	Lam 3:39-40
Guilt can lead us to confess wrongs	Pro 28:13
Guilt can lead to repentance	2 Cor 7:8-13
Shame can be a heavy burden	Ps 38:4
We don't have to feel shame doing right	Isa 50:7
God can replace shame with joy	Isa 61:7
No shame to walk where God calls	Ps 25:2-3
We don't need to be put to shame	Rom 10:11
Not ashamed of what others do to us	2 Tim 1:12
We can get past shame	Isa 54:4
Job felt shame but was blameless	Job 10:15
Depression can bring unhealthy shame	Jer 20:18
Trust in Jesus the cornerstone of the sanctuary	1 Peter 2:6

GS End

GR - Grief & Sadness

There are many forms of grief and sadness. The death of a loved one, the loss of a friendship, job, or even dream. Sometimes we don't even know exactly what is making us sad. The verses in this study cover the emotion itself as well as a some of the causes. See also Depression/Suffering, Worthlessness, Peace, Death, and Strength/Courage. Psalm 42 brings hope.

There is a time to weep, to mourn	Ecc 3:4
Grief is appropriate and takes time	Deu 34:8
Grief can feel like it will last forever	Ps 42:3; Ps 6:6
Grief can be physical and last a long time	Ps 31:9-10
Paul shed tears serving God	Acts 20:19
Even Jesus wept	Jn 11:33-35
We have various losses	Lk 19:41
Makes sense to be sad during a loss	Jn 16:20, 22
Ok to be sad when we lose someone	Jn 16:22
Remember why it meant so much	Ps 126:5-6
God will give us everlasting joy	Isa 35:10
Mourning has benefits and advantages	Ecc 7:1-2
It is a blessing to mourn	Mat 5:4
Shows we are intelligent and realistic	Ecc 1:18
Grief shows how much we love someone	2 Cor 2:1-4
Tell God about it	Ps 142:2-3
God bears our grief	Isa 53:4-5
God comfort us and we comfort others	2 Cor 1:4
We are to weep with others	Rom 12:15
God will heal the broken hearted	Ps 147:3
Choose God even when feel broken	Ps 73:26
Sorrow can't last forever	Ps 30:5
Blessed are those who mourn	Mat 5:4
God wants to wipe away our tears forever	Isa 51:11
No more tears/sadness in the new earth	Rev 21:4

GR End

~ H/I/J/K ~

HS - Hardship & Suffering

All hardship and suffering stems from sin. Maybe your own or from others. Either way the Bible has many promises to get you through challenging times, starting with trials we face from our own making. See also Guilt, Depression, Forgiveness, Strength. For comfort in physical pain see Psalm 38:5-10, 15-22. MB117.

Jesus experienced suffering	Isa 53:3
Sharing suffering with Jesus	Rom 8:17-18
God will restore and strengthen you	1 Peter 5:10
We will have much	Ps 34:19
We are warned it will happen	1 Peter 4:12-19
Sometimes we cause our own	Ps 16:4
God allows consequences out of love	Job 5:17-18
God allows to draw us back to Him	Zec 13:7-9
Helps us learn, keeps us in check	Ps 119:67-68, 71
Paul appreciated	2 Cor 12:7
Makes us receptive to hearing God	Job 36:15
Seems harsh at first	Heb 12:11
God allows for both joy & hardship	Ecc 7:14
Better to suffer for doing good, Jesus did	1 Peter 3:17-18
Suffering can be beneficial	Rom 5:3-4
Motivates us to lean on Christ	2 Cor 12:10
Pray during	Jas 5:13-16
God will comfort us, feeling vs reality	Isa 49:13-16
We can have peace during	Jn 16:33

Draft

HE - Health, Principles

See also Health - Diet, Mental Health, Faith, and Healing.

Made in the image of God	Gen 1:27
Fearfully and wonderfully made	Ps 139:14-16
Ye are the temple of God	1 Cor 3:16-17
Your body is the temple of God	1 Cor 6:19-20
Our spirituality is important for	1 Cor 11:29-32
Sin & disease, God still sees, still cares	Ps 38:5-9
Fear God, shun evil for good health	Pro 3:7-8
Joy can sustain us in suffering & pain	Heb 12:2
Happiness brings health – also see Mental Health	Pro 17:22
Peaceful mind, avoid envy	Pro 14:30
Sanctification includes the body and mind	1 Th 5:23
Eat in moderation - also see Health, Diet	Pro 25:16
God's original diet was a vegetarian	Gen 1:29
Not working equals early death	Pro 21:25
Work as unto the Lord	Col 3:23
Exercise important	1 Tim 4:8
Vigorous physical labor, strength	Pro 31:17
Physical activity important for sleep	Ecc 5:12
Sleep important, calm the mind	Ps 4:8
God provides so you can rest in Him	Ps 3:5
Not too much sleep	Pro 20:13
Keep decent hours, put God first	Ps 127:1-2
Don't overwork	Pro 23:4
Sabbath rest is important	Ex 23:12; Heb 4:9
Vacation and recreation occasionally	Mk 6:31-32
Self control and purpose important	1 Cor 9:26-27
Do ALL to the glory of God	1 Cor 10:31-11:1
Pray for each other to have good health	3 Jn 1:2

HP End

HD - Health, Diet

God's original diet was a vegetarian diet	Gen 1:29
Herb of the field	Gen 3:18
Daniel's diet	Dan 1:8-20
Noah, before the Jewish nation	Gen 7:2-3
Slaughtered and preparation matters	Gen 9:3-4
Clean & Unclean	Lev 11:1-23
Peter had a vision of unclean animals	Acts 10:9-16
Vision not about food but racial barriers	Acts 10:28
Unclean even at the end of time	Isa 66:15-17
Putting food above God is idolatry	Phil 3:19
Putting food above people is a mistake	1 Cor 10:24-32
Foods that are good: honey	Pro 24:13
Bread / food can refresh the heart	Gen 18:5-6
Lentils and other legumes	Gen 25:34
Fruit, apples, raisins, etc.	SS 2:5
Wheat, barley, olive oil, and more	Deu 8:8
Bread, vinegar, dips and condiments	Ruth 2:14
Spices and nuts	Gen 43:11
Eat slowly and not too much	Pro 21:20
Don't overeat or eat too much junk	Pro 23:1-3
Enjoy your food	Ecc 9:7

HD End

Questions regarding diet

Didn't Jesus say, it is not what goes in but out that defiles man? Mk 7:18-20

The pharisees had very strict laws regarding ceremonial cleanliness, and Jesus' remarks are to refute this. The discussion in Mk 7 was about the Jewish "tradition of the elders" and their abject behaviour toward others rather than food.

Aren't the health laws just Jewish rituals Christ did away with at the cross?

When Jesus died, his death did not affect what was healthy. God knows best He wants for us to be in good health He invites us to give up anything that will harm our body temple in which he want to dwell. Gen 9:3; Gen 7:2.

Aren't we to beware of those who command you to abstain from meat?

Yes! This passage describes a group who depart from the Biblical faith, Ti 4:3, they taught forbidding marriage and abstain from meats or food (Greek: broma, the word meat here refers not to animals, but food in general.) IE: extreme fasting.

What difference, isn't God interested only in our spirituality?

Whatever affects the physical also affects the mental and the spiritual faculties, and thus comprehending spiritual truth. Paul says this about body and the spirit, 1 Th 5:23.

Draft

HH - Health, Healing

Be mindful of the context when studying healing. The Bible authors had limited knowledge of physiology and the references to disease and health are obscured by their perceptions. I've met those who have the impression disease can be healed with just enough faith, or laying on of hands or forgiveness of sin because they only look at one or two verses. We need to know the cause of an illness to get the cure. And even then, we can't cure old age or genetics. Yes, much illness can be the cause of our own health habits and even sin. You can repent of sin and ask for grace and healing. Healing is not guaranteed but we can abide in Christ along the way. At the same time, we can't pray for healing unless we also have dealt with any causes we are responsible for. IE: you can't pray to heal diabetes and continue to eat whatever you want.

Where did disease itself come from?	Mat 13:27-28
Transgression aligns us with the enemy	Gen 2:17
Some illness comes from age	1 Kg 15:23
Some illness is from our poor/mutated genetics	Ex 20:5
Some illness comes direct from the enemy	Job 2:7
Some illnesses are a blessing	Jn 9:1-3
The obedient have some protection & healing	Ex 15:26
Well, versus ill, righteous versus wicked	Isa 3:10-11
God does heal through herbs & medicine	Eze 47:12
God also may heal miraculously	Isa 58:8; Mat 12:15
God heals the soul which can heal the body	Jer 33:6
Prayer, anointing, confession	Jas 5:14-16
Forgiveness and healing, repeated theme	Mk 2:9-12 (Ps 103:2-3)
Study of God's word can bring healing	Pro 4:20-22
Merry heart brings healing of body (mental health)	Pro 17:22

HH End

The entire story of Job Jesus reiterates in the New Testament. We are not to judge others who are ill Yes, sometimes we bring it on ourselves, I struggle with pre-diabetes because I allowed myself to gain too much

weight and not exercise enough. This was reversed as I started eating better and exercising. Hence, we need to know the cause to find healing. However, it does me no good to have other berate me for my choices. And judging others puts you in a precarious position. See Judging! LOL.

Draft

HM - Healthy Mind

An overview of how to have a healthy mind, this study is the longest because it's easier to be open to God's leading and spiritual growth when we think clearly. As you read God's word, remember "heart" refers to "mind" and includes all your thoughts, feelings, instincts, inspiration from God, and insinuations from the enemy. Almost everything that goes on in the human experience happens in the mind/heart as our senses are interpreted by the brain.

These verses are sorted through the framework of TEAM-CBT* which is proven in clinical work as an effective way to go from distorted thoughts to truthful and realistic thinking. Also see, Healing, Hope, and Forgiveness, as these also impact the mind. I use NT as a shortcut for Negative Thoughts, which are distorted thoughts that cause painful emotions and a misunderstanding of ourselves and the world around us including our view of God. Finding truth by unpacking distortions of thought is the key to healthy thinking. Distortions are usually negative, but we can have positive distortions as well. I've had clients who were "too" optimistic and this led to poor decisions and depression with great disappointments. Realism and truth, these set us free, not "positive thinking" as the world preaches. Toxic positivity is a danger to avoid.

If you are struggling right now I encourage you to do this study, then choose one specific emotion/issue to study in depth - Anxiety, Depression, Grief, Anger, Hurt, Loneliness, Worthlessness, Inadequate, etc. I encourage you to download my free booklet, "The Truth Will Set you Free" www.angelapoch.com for step by step help.

For habits/addictions see Overcoming & Victorious living.

Foundation For: healthy thinking, is based on reason & God's love!

God calls us to reason (KJV) & salvation Isa 1:18

Wisdom, truth, instruction, insight together Pro 23:23

Pray for strength, God's Spirit, and Christ to dwell in the heart
so you can be rooted in love and in Christ Eph 3:16-19

T – Testing (check for what works for you, individual experience)

God invites you to test things out Ps 34:8

Only God can read the heart Pro 21:2

Test what works and is in line with God's will 1 Th 5:21

Examine our ways, lift our minds to God Lam 3:40-41

Trust God will guide you Pro 3:5-6

E - Empathy (community, hope, and self-compassion)

Sometimes we need the help of others Phil 4:14

Jesus asks Father for Comforter for you Jn 14:16-17

Consolation brings joy Ps 94:19

Speak in psalms and hymns (music in your hearts – hard to do when criticizing yourself with negative thoughts) Eph 5:19

A – Assessment (of your values and resistance to change)

No bad emotions, all have purpose Ecc 3:1-4

God doesn't push for change, it's our choice Rev 3:20

We can think we are right when we aren't Pro 14:12-13

Look for God's wisdom not the worlds 1 Cor 3:18

Knowledge compliments desire, not destroys it
Pro 19:2

Willing to change, humility Pro 16:18

Our thoughts are not always God's Is 55:8-9

Use God's word to examine our thoughts Heb 4:12

M – Methods (to conquer distorted thinking)

Renew your mind (change your thoughts) Rom 12:2

Trust wisdom, not on our distorted thoughts Pro 28:26

Truth sets us free, use logic and hold onto Jesus
Jn 8:31-32

We can resist NT from Satan Jas 4:7; DA 662.4

We see through a glass darkly (obscured) 1 Cor 13:12

God is the light, focus on Him 1 Jn 1:5

Look for the good to move past NT Phil 4:7-8; PP 657.1

Study Christ, we should think like Him (would Jesus speak to himself derogatory, as inferior, self-abhorrently?) Phil 2:5

Giving thanks can overcome discounting the positive and negative mental filters, both distortions rob us of joy. 1 Th 5:18

We can't predict the future. Mind reading and future prediction are distortions that cause much anxiety. Pro 27:1; Ecc 8:7

Remember we are only human. We don't have control over everything and accepting our limitations can be freeing Ecc 8:8

Danger of “why” questions (overgeneralization and fortune telling) –
instead look for wisdom in the present Ecc 7:10

Can’t feel truth (emotional reasoning is a distortion when we put too
much weight on our instincts or feelings) Jer 17:9-10

Set our minds on things above Col 3:2

Life isn’t fair, but God is, trials can bless Jas 1:2-4

Reject NT as they are evil 1 Th 5:22

What you learn put into practice Phil 4:9-10

We may have to fight NTs repeatedly 2 Cor 12:8-10

When NTs come back, think on God’s mercies Lam 3:19-26

HM End

HV - Heaven & New Earth

On the new earth, in which righteousness dwells, God will provide an eternal home for the redeemed and a perfect environment for everlasting life, love, joy, and learning in His presence. For here God Himself will dwell with His people and suffering and death will have passed away. The great controversy will be ended, and sin will be no more. All things, animate and inanimate, will declare that God is love; and He shall reign forever. Amen. Belief #28

God created this world to be inhabited	Isa 45:18
This old world will pass	1 Jn 2:17
New heavens and new earth	2 Peter 3:10-13
The original dominion restored	Mic 4:8
Eden restored	Rev 22:1-5
God creates a new heaven and earth	Isa 65:17-25
Place for each one, a real place	Jn 14:1-3
The holy city, new Jerusalem descends	Rev 21:1-5
Requirements for entry, no evil	Rev 21:7-8
Description of	Rev 21:10-27
Animals at peace with each other	Isa 11:6-9
Jesus will be with us	Isa 11:10
God gives us glorious immortal bodies	Phil 3:20-21
Fellowship with Abraham, Isaac, etc.	Mat 8:11
God will reign forever more	Rev 11:15

HV End

HW - Hell, destruction of the wicked

See also eternal life. Best studied in KJV, some NIV, not NKJV/NLT.

God does not want anyone to perish	2 Peter 3:7-9
Sin cannot exist in God's presence	Heb 12:29
Sinners will be burned up, turned to ash	Mal 4:1-3
The wicked shall be no more	Ps 37:10
Shall perish, be consumed away	Ps 37:20
The wicked will not be found	Ps 37:35-36
Not a punishing, rather a punishment	Mat 25:46
Forever = "until the end of the age"	Rev 20:10
A slave shall serve his master forever	Ex 21:6; Isa 34:10
Like weeds that are burnt up	Mat 13:40-43
The fire cannot be quenched or put out	Mat 3:11-12
Examples everlasting punishment	Jude 1:7
Wicked are reserved unto judgment	2 Peter 2:4
Sodom and Gomorrah turned to ash	2 Peter 2:6
The wicked aren't in hell right now	Jn 5:28-29
Satan himself will be consumed to ashes	Eze 28:17-18
The fire will burn itself out, not a coal left	Isa 47:14
Wicked shall be as if they had never been	Obadiah 1:15-17

HW End

Is hell a hot spot burning in the center of the earth?

2 Peter 2:4; our God is a consuming fire to sin, wherever it is found; Heb 12:29. The fires of hell originate at the end of time. Rev 20:9.

Doesn't the bible say that the wicked will burn forever?

Rev 20:10; the old age of sin and death ends God ushers in a new age; Rev 21:1-4. The concept of forever in the Bible: a slave was to serve his master forever Ex 21:6. "Forever" can be literally translated "until the end of the age" or "as long as he shall live", le: Hannah brought Samuel to the temple forever 1 Sam 1:22; 1 Sam 1:28. Jonah describes his experience as Jonah 2:6. The punishment will be everlasting. Mat 25:46; they will be consumed, ashes. Not everlasting "punishing" or continued torment.

What about "eternal fire" & "fire which cannot be quenched"?

Jude 1:7; 2 Peter 2:6; Sodom and Gomorrah were burned with eternal fire, which means the fire burned until there was nothing more to burn. It did not go out until it had finished its work, but they are not burning today. Mk 9:43;

Mk 9:48; Jer 17:27; the fire cannot be quenched = no human hand can put out. It totally consumes. As a result of the Jews disobedience, Jerusalem was destroyed by Nebuchadnezzar in 586 bc the city was burned with unquenchable fire. Yet, it is not burning today. The fire did a complete work. The wicked will be totally consumed, cut off from the earth, Pro 10:25; Ps 37:10-11; Ps 37:20; Ps 37:34. The wicked will be consumed to ashes, Mal 4:1; Mal 4:3.

Draft

HO - Hope

Hope is fundamental for our spiritual walk and general outlook on life. Without hope we can falter in our journey. We can lose hope for many reasons but we can also choose faith. There is a dangerous mistake to think because we feel down, alone, or at odds with God, we don't have hope. While we can feel hope or the lack thereof, hope is also a choice, much like motivation, which is also both a choice and feeling. In any case, hope has been shown to be helpful in many areas of our lives so even when we feel positive and optimistic, studying how to have hope can help protect us during times of discouragement. See also Strength & Courage.

God's promises give hope	Ps 119:50
Holy Spirit provides hope, we can ask for others	Rom 15:13
Be patient in hope, hope in God.	Ps 39:7
Wait on God	Ps 130:5
Seek wisdom to increase hope	Pro 24:14
Hope protects, truth builds trust in God	Ps 25:3-5
Nothing is impossible for God	Lk 1:37
God has plans for you	Jer 29:11
We might need patience	Rom 8:24-25
There is a future	Pro 23:18
Patience, a repeating theme	Ps 31:24
Put your hope in God!	Jer 17:7
Hope even when it looks bleak, you feel down	Ps 42:11
Hope and praise (gratitude) go hand in hand	Ps 71:14
Even though there are troubles on our journey	Ps 71:20-21
God has your back!	Deu 31:6
Hold onto grace, we can look to eternal life	Tit 2:13

HO End

HL - Hopelessness

For more see Hope, Depression, Guilt, Salvation, Faith, Intercession, Mercy/Grace, Strength/Courage, and Mental Health. See Ps 130.

Even Solomon doubted	Ecc 3:20-22
God hears you, is ready to deliver	Ps 34:17
Makes sense to not have too much h	2 Kn 4:28
Hopelessness gives us a break	Job 6:11
We should be realistic	Job 41:9
Don't rely on false hope	Ps 62:8-10
Careful of what you hope in	1 Tim 6:17
Hope is important	Job 11:18
We all have some hope	Ecc 9:4
We can feel hopeless, not BE hopeless	Ps 73:25-26
Hope exists in doubt	Rom 8:24-25
Even when we feel down, there is choice	Isa 57:10
We can choose hope	Ps 42:5-11
Even when it seems impossible	Rom 4:18
Hope even under extreme duress	Job 13:15
Hope in darkness	2 Cor 4:8-10
How to have hope, God is for us	Mk 9:23
Hope comes from God's word	Ps 119:115-116
Hope in God's love	Ps 147:11

HL End

HN - Human Nature

Humans were made in the image of God with unity of body, mind, and spirit. When our first parents disobeyed God, they fell from their high position. The image of God in them was marred and their descendants share this fallen nature. See Evil, Great Controversy, and Salvation. Belief #7

Made in God's image	Gen 1:27-28
Work & relationships provided	Gen 2:15-18
After sin, know evil	Gen 3:22
Lower than Angels, stewards of earth	Ps 8:3-8
Results of sin encoded into DNA	Ps 51:5
We pass on the consequences of sin	Ex 34:7
We know it's not arbitrary punishment	Eze 18:20
Our nature demands gratification	Eph 2:1-3
God created good we long for evil	Rom 1:18-32
Extremely wicked without intervention	Ps 10:2-11
Wickedness grows with ease and time	Gen 6:5
God must intervene to prevent	Gen 6:11-13
God did intervene	Rom 5:15-17
God reconciles us	2 Cor 5:19, 21
God created us to seek Him	Acts 17:26-28

HN End

HU - Hurt, Past Wounds

See also Forgiveness, Relationships - problem people, Guilt, Strength/Courage, Worth, Grief, Depression, Joy/Happiness, and Mental Health.

You aren't alone	Ps 56:1-2
David went through a lot with Saul/son	Ps 56:5-6
Right to be hurt/angry	Ps 109:2-5
Pour out your heart to God	Ps 94:1-7
He knows all	Ps 94:15-19
It's hard when others are hurtful	Ps 57:6
Hard to let go	Mic 7:8
Hurts from childhood	1 Cor 13:11
It's unfair to have to return good for evil	Ps 69:4
He will make all things beautiful in time	Ecc 3:1,11
God heals the broken-hearted	Isa 61:1-3
We need the grace of God	Heb 12:15
Forgiving others helps to heal, Jesus example.	Lk 23:34
God will restore all in the end	Joel 2:25-26
Entrust yourself to God	Ps 37:1-5

HU End

IN - Intercession Part 1: Our High Priest

At His ascension, Christ was inaugurated as our High Priest and began His intercessory ministry for us in the sanctuary in heaven. Read Exo 25–31, 35–40, Lev 16. Belief #24.

God wants to dwell with us	Ex 25:8-9
The earthly sanctuary was a shadow	Heb 8:1-5
Description of	Heb 9:2-5
Christ our High Priest understands us	Heb 2:17-18
We have an intercessor	1 Tim 2:3-6
Change of priesthood	Heb 7:11, 16-17
Jesus high priest forever	Heb 7:24-28
Christ cleanses us	Heb 10:19-23
Christ in heaven interceding for us	Heb 4:14-15
The cleansing of the sanctuary	Lev 16:29-34
Type meets antitype	Heb 9:11-14

IN End

IT - Intercession Part 2: The 2300 Days

In 1844, end of the 2300 days, He entered the most holy place. It is a work of investigative judgment. The completion of this marks the close of probation. See also God the son, Jesus, Obedience, and Judgment. Read Dan 7, 8, 9. Belief #24

Where does the judgment take place?	Dan 7:7-10
Dan's vision of the 2300 days	Dan 8:13-19
Key to prophecy is the day for a year	Eze 4:6
Gabriel returns to explain Dan's vision	Dan 9:21-23

Beginning date for 490 and 2,300 years	Dan 9:24-25
Exact date of Jesus' death	Dan 9:27
Christ is the final sacrifice	Heb 9:23-26
The veil was torn from when Jesus died	Mat 27:50-51
Once complete in sanctuary	Rev 11:19
Christ will come on His throne	Dan 7:11-27

IN2 End

Draft

JY - Joy & Happiness

Be patience for	Lk 6:21
Happiness is not doing, Kingdom of God	Rom 14:17
Facing trials with pure joy	Jas 1:2-3
Joy in sharing others suffering	1 Peter 4:13
There is joy in God's presence	Ps 16:11
Joy in hope	Pro 10:28
Be joyful and do good	Ecc 3:12-13
We are blessed when we serve God	Ps 144:15
Make God your source of joy, do good	Ps 37:3-4
Meditate on God's word	Pro 16:20
Embrace joy when doing God's will	Ecc 9:7
As we are faithful we have joy	Mat 25:21
Joy in salvation	Isa 12:3
It shows when we have	Pro 15:13
Be happy when working	Ecc 3:22
It's a witness to others	Ps 126:2-3
God's love brings joy	Jn 15:9-11
Wait for, trust, God will provide	Job 8:20-21

JY End

JG - Judging & Judgmental

These verses also apply to racism, partiality and even favoritism. See also Mercy/grace, forgiveness, love, unity, obedience, hurt, relationships, & relationships - problem people.

Judge for the purpose of saving	Jas 5:20
Don't tolerate hurtful evil in the church	1 Cor 5:1-3
But don't judge outside the church	1 Cor 5:12-13
Judge disputes	1 Cor 6:1-7
Don't j personal choice, or if not your bus.	Rom 14:1-15
God loves all, don't add your own rules	Acts 15:8-11
Don't be partial	Lev 19:15
Judge rightly when you do judge	Pro 31:9
Don't favor people when you j	Pro 24:23-25
Ask for wisdom and righteousness	Jn 7:24
Know there is more you can't see	1 Sam 16:7
We only see outside, God sees inside	Jn 8:15-16
Be gentle, watch yourself, bear them up	Gal 6:1-6
We will judge all, but not yet, timing is important	1 Cor 4:5
Only God can truly Judge	Jas 4:11-12
We have the same issues	Mat 7:1-5
We can't see our own flaws	Mat 23:23
Forgiveness is better than, err on side of lenience	Lk 6:37-42
We pass judgment on ourselves by judging others	Rom 2:1-3
Mercy over judgment	Jas 2:12-13
We are to have mercy for sinners	Mat 9:10-13
God will judge & make it right	Heb 10:30

JG End

JF - Judgment, final

ALL will be judged, including God himself! God judges us, the universe judges God. We are blessed that God is our judge because He also presents Christ as our sacrifice. He sent His son to die for us so we don't have to. We are in the hands of a just but also merciful God. See also Mercy/Grace, Salvation, Obedience, and Millennium. There is a new earth after the judgement. Isa 11:6-10

Jesus describes a future judgment	Mat 12:36-37
Based on works, j come before reward	Rev 22:12-15
The unrighteous are held for judgment	2 Peter 2:9
Everyone will be judged	2 Cor 5:10
According to our ways	Eze 18:30-32
Based on heaven's record of our lives	Rev 20:12-13
God sees all things	Heb 4:13
Every secret thing	Ecc 12:14
The right things we do are also recorded	Mal 3:16
Paul reasons with Felix about	Acts 24:25
One appointed day to judge world	Acts 17:30-31
There will be ONLY one final judgement	Rev 14:15-18
Jesus executes	Isa 40:9-10
Jesus is a just judge	Jn 5:22-30
Jesus is our advocate	1 Jn 2:1
Creation rejoices there will be a judgment	Ps 96:10
The judgement will be righteous	Ps 96:13
Jesus will judge right	Isa 11:1-5

JF End

JU - Justice

In a world of injustice some question how could God allow all this pain and suffering. It may not be enough to say because love allows for free choice and the act of controlling or manipulating people to avoid them hurting others is in itself an act of treason toward the law of love. That can leave some still feeling alone, inconsolable. Some evil has no answer other than an enemy has done this. See God, character, suffering, and Love for more on that. But rest assured this will not continue forever! God will bring suffering to an end, yes, even our short lifespan is merciful.

Justice matters to God	Amos 5:24
We can ask God for on our behalf	Ps 7:6
God sees what is happening	Ps 94:9-13
We have a God of justice!	Isa 30:18
God loves justice	Ps 33:5; Isa 61:8
We are to bring justice for others when possible	Isa 1:17
We are blessed when we are just	Ps 106:3
Justice is more important than sacrifice	Pro 21:3
God established His throne for	Ps 8:16-18
God will judge the unjust	Ecc 3:17
We are not to avenge ourselves	Rom 12:19
God's justice and love intertwined	Ps 36:5-6

JU End

KG - Kindness & Grace

See also Love and Relationships with Problem People. See also “Oil of Grace” EGW study.

Commanded to do	Zec 7:9
It is required of by God	Micah 6:8
David and example of kindness	2 Sam 9:1-13
Graciousness is honorable	Pro 11:16
We benefit ourselves by being kind	Pro 11:17
Love is kind	1 Cor 13:4
God is kind first, we are to follow suit	Rom 11:22-23
Comes from God, from truth	2 Jn 1:3
It is kind to rebuke those we love	Ps 141:5
Rend your hearts, return grace	Joel 2:13
Commanded to be kind and compassionate	Eph 4:32
Clothe yourself with	Col 3:12

KG End

~ L/M/N ~

LW - Law, God's 10 Commandments

The great principles of God's law are embodied in the Ten Commandments and exemplified in the life of Christ. They express God's love, will, and purposes concerning human conduct and relationships and are binding upon all people in every age. The obedience of faith demonstrates the power of Christ to transform lives. See also Law, ceremonial/civil. Belief #19

God spoke the 10 Commandments	Ex 20:3-17
The Law is perfect, leads to conversion	Ps 19:7-14
By the law is knowledge of sin	Rom 3:20
Faithful want to keep God's law	Rom 3:28-31
Law is not sinful, it is holy	Rom 7:7-12
Sin is defined as breaking God's law	1 Jn 3:4
Sin separates us from God	Isa 59:1-2
Not done away with (see LC - Law, c...)	Lk 16:16-18
Jesus did not destroy, but to expand	Mat 5:17
Offend in one point, breaks them all	Jas 2:10
Jesus came to magnify the meaning	Isa 42:21
Love fulfills	Rom 13:10
Two great commandments	Mat 22:36-40
Circle of obedience	Ps 119:1-8
Love and the law	Jn 14:15
Heaven's eternal code of conduct	Ps 111:7-8
Desire to do right comes from God	Ps 40:7-8
Fear God and keep	Eccl 12:13
Jesus offers to write his law in our hearts	Heb 8:10

LW End

What about the new covenant?

Love and keeping the commandments go together Jn 14:15. Paul states the law is not made void Rom 3:31; Rom 6:1-2; Rom 6:14-15. Under the new covenant, we belong to -Jesus with a new heart and a new understanding before God 2 Cor 5:17. See Law, civil/ceremonial.

Draft

LC - Law, ceremonial, civil & more

God issued different kinds of law, ordinances, guidelines, feasts, and principles. Some for our individual experience, some for governing a theocracy, some for keeping the Messiah in focus. Do study on "Law" first. See also Intercession, Communion, and Baptism.

Different kinds of law, men of God establish some	Gen 47:26
10 Commands spoken by God direct to the people	Ex 20:1
10 Commandments in stone	Ex 31:18
10 Commandments inside the ark of covenant	1 Kg 8:9
Other laws Moses wrote	Ex 24:4
Israel seen these as the "laws of Moses"	Jos 8:31
Place beside the side of the ark, different standard	Deu 31:24-26
Moses received living words	Act 7:38
All God's laws are good, but love is foundation	Mk 12:28-31
They all point to God	Jn 5:39
Sacrifice & sanctuary pointed to Jesus	Heb 10:1
Feasts had importance, Jesus fulfils, not destroys	Mat 5:17
Jesus speaks and expands (see Mat 5 and study, Law)	
God told Israel a new covenant would come	Jer 31:31
New covenant, new festivals/events	Lk 22:20
(Communion, Baptism, etc.)	
We no longer need to do the old festivals	Heb 8:7-13
Covenant is forever, all his works are righteous	Ps 111:2-10

LC – End

The new covenant

Love and keeping the commandments go together Jn 14:15. Paul states the law is not made void Rom 3:31; Rom 6:1-2; Rom 6:14-15. Jesus was

summarize the law as given in the Old Testament; Deu 6:5; Lev 19:18. The God of the Old Testament = God of everlasting love Jer 31:3. In the Old Testament men and women were saved by the Christ that was to come, Gen 3:21; Gen 22:9-13. With Jesus, there is a new power in a person's life Heb 8:10; Eze 36:26. Under the old covenant, Israel promised to obey God's commandments in their own strength Ex 19:8; Ex 24:3; Ex 24:7 Under the new covenant, we belong to -Jesus with a new heart and a new understanding before God 2 Cor 5:17.

Draft

LL - Loneliness, alone

See also Rejected, Strength, Relationships, and Mental Health.

David's example	Ps 102:7
Can feel alone in a crowd	Lam 1:1-2
Benefits to being alone with God	Gen 32:24
Jesus used the time to pray	Lk 5:16
Sometimes good to be alone	Lam 3:27-29
Feels good to be alone when angry	Jer 15:17
Feeling "separate" can feel miserable	2 Cor 6:16-18
Sometimes we want to be alone	Job 7:16
Isolating when depressed, focusing on self	Isa 5:8
Loneliness can be caused by Overgeneralization	Ecc 4:7-8
Spend time in nature for comfort	Mat 19:23
God never leaves us alone	Jn 8:29
God will deliver you COL 173.1	Ps 72:12
God assured Jacob of His care	Gen 28:15
Elijah felt alone but it wasn't true	1 Kn 19:9, 14-15
David reached out to God	Ps 25:16-21
To have friends, be a friend	Pro 18:24
Live for others	Rom 14:7
Rejoice in hope, be patient	Rom 12:12-13
God is with us	Jn 16:32

LL End

LV - Love, Agape

All of the Bible is about God's love so this will be a short synopsis on agape love, love you can choose through the power of God. See obedience, love-friendship, kindness, and relationships.

REDO, see vlog notes.

God is love 1 Jn 4:7-16

God's love never fails Ps 31:16

Circle of love and obedience Jn 14:19-24

Can't claim to love God without love for others

God is love, we love because He loves us 1 Jn 4:16-18

Note: love doesn't cover up fear it removes the reason we fear. Ie: John 3:16, we no longer need fear (beginning of wisdom driving us to God for salvation) because we are saved and covered in Christs righteousness.

It is a witness and command to love Jn 13:34-35

Love is revealed in action 1 Jn 3:16-18

L thy neighbor as thyself Lev 19:18; Mk 12:33-34

L your enemies Mat 5:43-48

L chapter 1 Cor 13:1-13

LV End

MK - Mark vs Seal Prophecy

Also see Babylon, Millennium, Sabbath, Remnant, and Advent.

A beast rises out of the sea	Rev 13:1
Beast = king/kingdom/ruling power	Dan 7:17
The sea = peoples, nations, or groups	Rev 17:15
Babylon, Medo-Persia, Greece, Rome	Dan 7:1-8
Papal receives authority from pagan	Rev 13:2
The beast power speaks blasphemy	Rev 13:5
Claim power to forgive sins, blasphemy	Lk 5:20-21
Also man claiming to be = to God (pope)	Jn 10:33
Beast reigns 42 mths; time, times, and a half a time = 3.5 x 360 Jewish days in yr = 1260 days or 42 mths. Rev 13:5; Dan 7:25	
(side note: day for a year principle - Eze 4:6; Num 14:34)	
In 538 ad the pagan roman empire granted the pope civil and religious authority over the empire. Exactly 1260 years later, in 1798 ad, Berthier, a French general following the orders of napoleon, took the pope captive.	
During which God's people are in hiding	Rev 12:6
Number of the beast, number of a man	Rev 13:18
<i>SIDE study: 6 represents slavery or "selling out" Jer 34:14, men/works Ex 31:15-17. Seven = perfection or completeness, rest Ex 20:8-11; Lev 25:3 canceling debt Deu 15:1, freedom Deu 15:12.</i>	
Nebuchadnezzar counterfeit image	Dan 3:1
Kingdom is summoned to worship	Dan 3:3-5
Issue during the time of trouble is worship	Dan 3:14
Central issue obedience vs false worship	Rev 13:13-17
Seal of God	Rev 7:2-3
Obedience important	1 Jn 2:18-22
No harm to those with the seal	Rev 9:4-6

The issue is a matter of loyalty	Rom 6:16
Choosing btw commands of men or God	Mk 7:9
Life in God through His law of love	1 Jn 3:19-24

MK End

Notes:

- A. Rises from the sea (population) Rev 13:1; Rev 17:15
- B. Received government from pagan Rome Rev 13:2
- C. Claims privileges/ prerogatives of God Rev 13:5; Lk 5:20-21
- D. Persecutes the saints (believers) Rev 13:7
- E. Reigns supreme for 42 months, or 1260 literal years Rev 13:5

Adultery can be forgiven

Jn 8:3, 10-11

MA End

Prov 17:17

Draft

MG - Mercy & Grace

God is full of	Ps 103:9-13
God is a merciful God	Deu 4:31
Pray for	Ps 40:11
God's grace is sufficient	2 Cor 12:9
God gives grace to all	Rom 3:24
So important that it's part of the sanctuary	Ex 25:17
We can hope for mercy	Lam 3:22-24
Need humility to receive	Jas 4:6
We can in confidence ask God for	Heb 4:16
Transforms us, frees from sin	Rom 6:14
Empowers us to do good	2 Cor 9:8
God uses to work in us	1 Cor 15:10
We are strengthened by	2 Tim 2:1
We are to offer God's to others	2 Tim 4:22
Blessed are the merciful	Mat 5:7
Be merciful = perfection	Lk 6:36; Mat 5:48
Ask God for	Ps 25:6-7
God is waiting for us to ask for	Isa 30:18
Hold onto mercy and truth	Pro 3:3

MG End

ML - Millennium, 1000yrs

See Advent - Second Coming first. The millennium is the thousand-year reign of Christ with His saints in heaven before the New Earth is established. During this time the earth desolate of humans, is occupied by Satan and his angels. At the end Christ with His saints and the Holy City will descend from heaven. The unrighteous dead will be resurrected. With Satan and his angels they will surround the city; but fire from God will consume them and cleanse the earth.
Belief #27

Two resurrections, life and damnation	Jn 5:28-29
Wicked destroyed at second coming	2 Th 1:8
"without form and void" see Gen 1:2	Rev 20:1
During this time the earth is desolate	Jer 4:23-27
Rev describes Satan being bound in the bottomless pit for 1000 years. Rev 20:1-2. The "bottomless pit," or abyss, comes from the Greek word <i>abussos</i> and is the same word in the Hebrew old testament used for "without form and void Gen 1:2, when God, a darkened, desolate abyss of nothingness. Out of the abyss of the old world, God will create a marvelously beautiful new world.	
Those slain will not be buried	Jer 25:33
The saints will judge the world	1 Cor 6:2
As conquering king Jesus redeems	Rev 19:11-16
Satan bound on earth chains of darkness	2 Peter 2:4
Satan will be bound for 1000 years	Rev 20:1-2
Righteous dwell with God Sit on thrones	Rev 20:4
Wicked receive final reward after the m	Rev 20:5
Satan leads resurrected wicked in attack	Rev 20:7
Satan and all evil finally destroyed	Rev 20:9
Satan destroyed from the inside	Eze 28:18-19
Complete eradication of evil	Mal 4:1
Death will be destroyed after 1000yrs	Isa 25:8
God creates a beautiful new world	Rev 21:1-5

ML End

NL - Nature Lessons

He formed all nature for a purpose	Isa 45:18
God speaks to, nature describes God	Deu 32:1-4
God numbers and names the stars	Ps 147:4
God teaches the animals	Job 35:11
Creation responds to God	2 Sam 22:7-8
Jesus used nature to teach lessons	Lk 12:22-34
Used to show love	SS 2:8-13
Store food, think smart, work as a team	Pro 30:24-28
Creation reveals the power of God's word	Ps 33:6-9
Animals think & feel, serve God	Num 22:23-28
Creation praises God	1 Chr 16:31-34

NL End

~ O/P/Q ~

OB - Obedience = Abide in Christ

Do Faith study first! By His death on the cross Jesus triumphed over the forces of evil. Now the Holy Spirit dwells within us and empowers us. As we give ourselves in loving service, His constant presence with us through the Spirit transforms every moment and every task into a spiritual experience. Follow up with Sanctification and Love. Belief #11

Abide in Christ	Jn 15:4-7
God chose us, we are his friends	Jn 15:16-17
When we know God we follow Him	1 Jn 2:3-5
Continue to abide in Christ	1 Jn 2:28
Redeemed from lawlessness	Titus 2:12
We have a cross that gains our soul	Lk 9:23-25
Obey from love, it won't be a burden	1 Jn 5:1-3
All God's biddings are enablings	Lk 1:74-75
Seek continually	Ps 105:4
Mediate, recount, rejoice, on Gods word	Ps 119:13-16
Pray for understanding, direction, empowerment	Ps 119:33-37
Call upon God, He will work in you	Ps 145:14-19
Gratitude, song & praise helps us obey	Ps 61:8 (KJV)
Transformed into His image	2 Cor 3:16-18
True righteousness comes through faith	Phil 3:8-12
Live in Jesus, strengthen faith, thankful	Col 2:6-7
Grow in grace	2 Peter 3:18

OB End

OC - Overcome Sin & Self-Control

This is a general study on our dealing with sin, habits, and temptations. Combine with a specific study, IE: Overcoming alcohol or overeating, then follow up with Victorious Living.

Bad habits can hold you back	Pro 21:17
Flesh is weak, God is our righteousness	Rom 8:1-13
Liberty through the law & serving others	Gal 5:13
Works of the flesh a problem	Gal 5:19-21
We are to have self-control	Titus 2:3-6
We can control our thoughts	1 Peter 1:13-14
We can hold thoughts in check	2 Cor 10:3-5
Choose to walk right, trust God	Is 26:7-9
Need grace, we can't do it in our power	Gal 2:20-21
Put on the new man	Eph 4:21-24
Dead to sin, Live in Christ	Rom 6:6-14
Understand your triggers/temptations	Mat 18:8-9
Bring our body under subjection to will	1 Cor 9:24-27
Put aside bad habits, put on Christ	Rom 13:11-14
Made a covenant to avoid bad	Job 31:1
Focus on positive goals & thoughts	Phil 4:8-9
Build your faith, relationship with Christ	1 Jn 5:4-5
God is our fortress	Ps 62:1-2

OC End

OA - Overcoming Alcohol & Other Drugs

The verses in this list are descriptive of the issue & problem. They are to provide the why, but also, since God would never ask us to do something beyond what we are able they are empowering and can be kept as promises as well. These verses can be used as your self-control thoughts to overcome the tempting thoughts. However, they will be far more effective combined with the study on Overcome (previous study) and Victorious Living.

Medical use ok	1 Tim 5:23
Used for the dying, the suffering	Pro 31:6-7
Legal doesn't make it good	1 Cor 10:23-24
New wine in the cluster	Isa 65:8
Has a season (aging = more alcohol)	Hos 2:9
Old wine is addictive	Lk 5:39
Wine is a mocker	Pro 20:1
Alcohol (drugs) cause all kinds of issues	Pro 23:29-35
We do things inappropriate	Gen 9:21
Do not get drunk	Eph 5:18
Don't make drinking an idol (1 st priority)	Isa 5:11
Don't combine drinking with worship	Lev 10:8-11
We are priests, we need clear minds	Rev 5:10
Leaders shouldn't drink	Pro 31:4-5
Shouldn't encourage others to	Hab 2:15
Takes away our judgment	Isa 28:7
It's a traitor, allures us with promises	Hab 2:5
Jesus provides strength to overcome	Phil 4:13
God gives us the power through faith	1 Peter 1:3-9

OA End

OE - Overcoming Excess

This should be done after the study on Overcome Sin & Self-Control then combined with the study on Victorious Living.

God provides food & blessings for health n joy	Ps 104:14-15
Permission doesn't equal good or ok	1 Cor 6:12
Israel craved rather than grateful	Num 11:4-6
Don't overindulge	Num 11:32-34
David talking about Israel's cravings	Ps 78:29-31
A problem in Sodom	Eze 16:49
Often combined with ungodliness	2 Tim 3:1-5
Is a serious problem	Pro 23:2
Temperance is a fruit of the Spirit	Gal 5:22-23
Important in the last days	1 Peter 4:7
Overindulgent will be lost	1 Cor 6:10
Our body is a temple	1 Cor 6:19
We are not to destroy the temple	1 Cor 3:17
Food not a problem, but influence is	1 Cor 8:7-13
We are influenced by others	Pro 28:7
Avoid those who encourage	Pro 23:20-21
Don't overwork for money	Pro 23:4-5
Moses counselled not to overwork	Ex 18:14, 18
Food and other earthly desires can be an idol	Phil 3:19
We can purpose in our heart	Dan 1:8, 15

OE End

PC - Peace & Contentment

This study is an amalgamation of having peace and finding comfort, as well as letting go of coveting, ranging from wishing to craving. Shouldn't we wish for good things? Of course, but first seek God and trust He will provide. Ok to have desires, see Ps 37:4, but not always wishing for more or worrying about the future. Contentment and peace are first behaviour/a choice, feelings follow. You might feel some anxiety but can choose to trust, regardless of your feelings. See also Anxiety/worry.

God turns dark to light, helps us through	Ps 18:28-29
Trust God gives desires of your heart	Ps 37:1-6
God will give you rest	Mat 11:28-30
Find rest in God	Ps 62:5-7
Keep our mind on Christ	Isa 26:3-4
Avoid the love of money	Heb 13:5-6
Pray for and think on good things	Phil 4:6-7
Be content	Phil 4:11-12
Seek peace, watch what you say to others	Ps 34:12-15
We gain godliness with contentment	1 Tim 6:6-10
God is our shield and sustains us	Ps 3:3-6
Give all troubles to Jesus	1 Peter 5:7
The Lord will bless and keep you	Num 6:24-26
God provides peace	Jn 14:27
God's kindness is on us	Is 54:10-13

PC End

Bonus texts:

A prayer for trusting God's got this!	Ps 121
God is our fortress	Ps 91

Draft

PF – Perfection vs Glorification

God calls His people to be perfect, blameless, and holy as He is holy, not in human strength but through His power working in us. Scripture defines perfection as loyalty to God and having a Christlike character with Jesus as the source of sanctification. As we behold Him, His Spirit transforms us, bringing us into unity with His will. Perfection is not completeness which is glorification at Christ's second coming. See also Righteousness & Sanctification.

God's ways are perfect	2 Sam 22:31
Be blameless.	Gen 17:1
Be holy	1 Pet 1:15-16
Jesus commissioned it	Mat 5:48
Mercy is perfect	Lk 6:36
Love is perfect	Col 3:14
God makes our way	Ps 18:32
Shows God's love	Jn 17:23
Fullness of Christ	Eph 4:13
Perfection lacks nothing	Jas 1:4
Perfection doesn't stumble in word	Jas 3:2
Keep our word	1 Jn 2:5
We are loving	1 Jn 4:12
Brings peace	Ps 37:37
Wisdom brings, be close to God for	Ps 101:2
Keep our mind on God	Is 26:3
Be loyal to God, keep His word	1 Kn 8:61
Listen and learn from others	Col 1:28
Foundation first, then progression	Heb 6:1
Through Christ's sacrifice	Heb 10:14
Jesus does the work	Heb 13:20–21

It is a process under God's timing	1 Pet 5:10
Transformed at his second coming	2 Cor 3:18
Will be glorified as joint heirs	Rom 8:17
When Christ comes it will be complete	Col 3:4
We see darkly now (1 Cor 13), but fully then	1 Jn 3:2

PF End

PA - Parenting

See also relationships and communication. Having a personal walk with God is vital. We need to practice what we preach. Conversely, we do all make mistakes and yet we still need to discipline, see David and Absalom, one key is to admit your mistakes to your children so they can see the confession and forgiveness process. They will also see you're genuinely serving God and not just arbitrarily trying to control them.

Teach children using stories, you represent God	Ps 78:1-8
We are to have compassion as parents	Ps 104:13-14
Manage your home well	1 Tim 3:4
Parents should save up for	2 Cor 12:14-15
Children are your heritage	Ps 127:3-5
Start your children off right	Pro 22:6
Teach your children	Deu 6:5-9
Be mindful of child limits	Eph 6:4
Don't provoke children	Col 3:21
Do not despise the little ones	Mat 18:10-14
Don't avoid discipline	Pro 23:13-14
Don't be domineering	1 Peter 5:3
Discipline in love	Pro 13:24
Discipline is unpleasant at first	Heb 12:9-11
Discipline roots out foolishness	Pro 22:15
Love must be part of discipline	Pro 3:12
Give guidance = correction and instruction	Pro 29:15
Teach children how God led	Jos 4:20-24

PA End

PR - Prayer Principles

If you are a new believer, START with Prayer, how to first then come back to this study. I've put this in the "Love Promised" category but it could also be in the blue "Love Assigned" as there are some things for us to do as part of our relationship with God. But the fact God has provided the means for us to commune with Him, even though there is a great gulf, is a promise of His love to us. The importance of prayer cannot be underestimated. God has many promises in regard to us calling unto Him but also principles and expectations for how and when prayer is answered. This is definitely NOT an exhaustive study but I've tried to include a few less used passages on the subject.

God invites us to pray

Jer 33:2-3

There are many different kinds of prayer, ask the Holy Spirit to be part of your prayer, pray for others too

Eph 6:18-20

Prayer for all reasons

Jas 5:13

Jesus explains prayer

Lk 11:1-13

God hears all who reach out

Ps 65:2

Prayer keeps from falling into temptation

Mat 26:41

God gives good gifts if we ask. Jesus lists what we do as part of the prayer experience because we are to be like the Father

Mat 7:7-12

God hears the prayer of the righteous, confess all sin first. God hears all who come for forgiveness, but if we choose to sin, we are among the wicked and God can't draw near to evil. He still loves us but it's impossible for Him to commune with those who are full of sin.

Pro 15:29

Answers to prayer come when we abide with God

Jn 15:7

But we can also pray in despair

Ps 44:20-26; 102:1-2

God will answer when we turn from sin/rebellion

Ps 107:4-16

We must have faith

Mat 21:21-22

Expect the answer to be according to God's will

1 Jn 5:14-15

We can sing, praise, and meditate in prayer

Ps 104:33-34

Prayer and worship, listen and heed God's voice

Ps 95:6-7

(See also Worship & Devotions)

PR End

Draft

PY - Prayer, how to

The Lords prayer is our foundation. We should use this as a framework for our prayers. I encourage you to go through it in a deep manner. There are books on this one prayer because it is so powerful. I need to use it to unpack how to pray for our best mental health. See my free booklet, "the truth will set you free." See also Devotions.

Jesus teaches us how	Mat 6:5-13
The Holy Spirit can help us pray	Jude 1:20
God is already preparing the answer	Isa 65:24
Faith an important part of	Mk 11:23-24
Enter into with thanksgiving	Ps 100:4
Do not hold onto sin	Ps 66:16-20
Ask in Jesus' name	Jn 14:13-14
Ask according to God's will	Mat 26:39
Repeat important prayers	Mat 26:42, 44
Rejoice, pray repeatedly, give thanks	1 Th 5:16-18
Pray for others	Col 4:2-4
How to pray for others	Eph 1:15-19
Bonus: Jesus prayer for others	Jn 17
Record God's answers to prayer	Deu 8:2
Remember how God has led/blessed	Ps 77:1-3, 10-12

PR End

PG - Prophecy, Gift Of

The Scriptures testify that one of the gifts of the Holy Spirit is prophecy. This gift is an identifying mark of the remnant church, and we believe manifested in the ministry of Ellen G. White. Her writings speak with prophetic authority and provide comfort, instruction, and correction to the church. They are clear the Bible is the standard all teaching and experience must be tested. Belief #18

God reveals himself through His prophets	Amos 3:7
One way God communicates, visions	Num 12:6
God speaks to us through prophets	2 Peter 1:19-21
There will be false prophets	Mat 24:11, 24
Bible invites us to "test the spirits"	1 Jn 4:1
Will warn, will not disagree with previous	Isa 8:19-20
Leads to obey Gods law, hold fast	Deu 13:1-4
Always come true, unless conditional	Jer 28:8-9
In vision, a true prophet does not breathe	Dan 10:16-17
The fruits reveal their divine credentials	Mat 7:15-20
Believe his prophets and you will prosper	2 Chr 20:20
God uses prophets to guide, one of the gifts	1 Cor 12:27-28
Testimony of Jesus is the gift of prophecy	Rev 19:10
A prophet in the last days, hold fast	Rev 12:17
Will happen in the last days	Acts 2:16-18
(Luke quoting Joel shows harmony	Joel 2:28, 29)
We are all fellow servants, not to be worshipped	Rev 22:6-9

PG End

~ R/S ~

RD - Reconciled, Child of God

Do salvation study first. God reconciles us to himself so that we become children of God. And as a child of God we are to extend that reconciliation to others through the act of love. I highly encourage you to do studies on relationships, communication, and relationship with problem people included in this book if you've not done so already.

God prepared for us inheritance of redemption	Eph 1:4-14
We are the light because He is the light	Jn 1:4-13
He is our example, called to be like Christ	1 Peter 2:21-25
Jesus death reconciles us to be free FROM sin	Col 1:21-23
Rules can be helpful but they don't enable us to change, rather we must die to our carnal nature to be alive in Christ	Col 2:13-23
God did the work of reconciliation and it is our ministry to continue that work (among ourselves) as children of God	2 Cor 5:14-21
Righteousness & the Law	Ps 18:20-24
God gives us the strength	Ps 18:31-36
We have received reconciliation (you don't DO it) so have faith you're changed and can love others as a child of God	Rom 5:9-11
We are to reconcile with each other	Mat 5:23-26
We are children of God both in Love & Truth	1 Jn 3:1-19

RD End

RJ - Rejected & Dismissed

Jesus understands rejection	Jn 1:11
Christ was despised, rejected, and suffered	Isa 53:1-3
David experienced, even friends leave	Ps 38:11
We can feel rejected forever!	Ps 74:1
God doesn't reject us, He listens	Ps 22:24
God is there even if family forsakes you	Ps 27:10
Family can be dismissive, God never	Isa 49:15
Though others may, God won't	1 Sam 12:22
God never forsakes or abandons us	Ps 94:14
Trust God, He will not forsake you	Ps 9:10
Paul relied on God when he was	2 Tim 4:16-16
God is for us, who can be against us	Rom 8:31-39

RJ End

RL - Relationships

Follow this study with Relations – Communication. See also Love - Agape, Friendship, Marriage, Family, Church Family, Unity, and Relationships – Problem People, etc.

Don't have to be friends with everyone	Pro 17:4
OK to be cautious around people	Pro 17:18
Different kinds of, sometimes we need a break	Mat 13:36
Jesus had a small close core group	Lk 9:28
We can feel close even when they love many	Jn 13:23
Have the mind of Christ	Phil 2:5
We are commanded to love	Jn 15:12
Willing to give up things, even life, for	Jn 15:13
Treat "strangers" well, as if they were a friend	Lev 19:34
Description of how to act	Phil 2:1-2
Learn from others, foolish to start quarrels	Pro 18:1-2
Kindness part of healthy relationships	Ruth 3:10
Love to reign supreme, hold your tongue	Gal 5:14-15
Let your speech be seasoned with grace	Col 4:6

RL End

RC - Relationships, Communication

See also relationships, relationship struggles, relationships with problem people. The entire book of Ruth is a good example for healthy relationships and interactions.

We should think about what we say	Pro 15:28
We need grace to know how to respond	Col 4:6
We need grace & wisdom for our speech	Pro 16:23-24
Conversation wholesome and building up others. What can you say that is positive and affirming to the person	Eph 4:29
Be gentle in speaking and not argue	2 Tim 2:24-25
Love earnestly/deeply and let it cover mistakes	1 Peter 4:8-11
Wisdom and patience, overlook offenses	Pro 19:11
Be open to correction	Pro 15:31-32
Don't be defensive, guard your words	Ps 141:3
Avoid criticism	Pro 11:12
Keep the confidence of others stories	Pro 11:13
Be truthful in love	Pro 16:13; Eph 4:15
Build each other up	Pro 10:20-21
Praise others (in truth), not yourself. Be humble.	Pro 27:1-2
Be sincere, affectionate, try to outdo each other	Rom 12:9-13
Be discerning and speak graciously	Pro 16:21
Don't try to fight for your truth over truth	Pro 17:14, 27
Be a new person, renewed by Christ, genuine	Col 3:9-11
Ask questions to connect	Ruth 2:10
Example of good communication	Ruth 2:13
God knows your heart and what you will say before you say it. Surrender to His guidance because we can't do it ourselves	Ps 139:1-6

RC End

Bonus & highly recommended!

James 3, yes, the entire chapter

Draft

RS - Relationships, Errors & Struggles

When doing any work or study on relationships, it is important we view it from our own perspective. It's easy to read these and point the finger out word scripture was written for our own edification. This study is a brief look at just a few of the errors that can happen and cause problems in our relationships. Please do the study on Relationships and Communication as well.

We cause issues by speaking unwisely	Pro 18:6-7
We cause issues because we put our wants 1 st	Jas 3:5-4:2
We cause issues by talking unwisely	Pro 10:14
We can not fix things just by much talking	Pro 10:19
Being vindictive, quick tempered	Pro 14:17; 24:29
Gossiping is enjoyable but a problem	Pro 18:8; 26:20-22
Watch out for the social media rants	Pro 26:17
Assumptions (wise in your own eyes)	Pro 26:12
Flattering (unlike encouragement/affirmation, flattery seeks favor with empty words, usually not genuine, thus it is a type of lie)	Pro 26:28
Mind reading	Pro 14:10, 12-13
Arguing	2 Tim 2:23
Allowing anger to turn into rage and venting it	Pro 29:11
Entitlement and demanding rights	Pro 17:19
Two Parts to demanding rights. 1. Expectations or at its worst and entitlement. I ask and you don't... 2. Being right versus being righteous. Where being right leads to fights because you can't allow someone to have freedom of choice if they are wrong in your eyes.	
Fairness error	Pro 17:13
Talking too much and taking over conversations	Pro 17:27-28
Dominating or lording over people	Mat 20:25-28
We get what we put out, for good or bad	Pro 18:21

RS End

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RP - Relationship, Problem People

See also Love, Relationships, Rejected. Entire Psalm 71 - for providing strength and support from God to get through troubled relationships. You have three options to choose from in any relationship: Improve it - See Relationships 5 Secrets; Status Quo - Just leave things as is; or Leave – let go, move on, etc. This can be done under “Love Assigned” or “Love Applied” you choose!

Ok to be angry with and walk away	Zec 7:9-13
Dust from your shoes	Mat 10:13-14
Trust God to deal with	Ps 44:5-7
Jesus experienced betrayal	Jn 13:21
David experienced	Ps 38:12
Sometimes we do everything right	Ps 59:3-10
Be mindful of angry people	Pro 22:24-25
But even the worst still treated with love	Lk 6:27-35
Bless those that do evil	1 Peter 3:8-12
Obligated to bear with other's failings, but God will give us the endurance needed, read the word of God for hope	Rom 15:1-4
Trust God won't let them affect you	Is 54:14-17
We are to be holy	1 Peter 2:1-5
Don't weary doing good, don't try to shame others	2 Th 3:13-15
We can take poor treatment from others	1 Peter 2:18-21
Speak of God's goodness	Ps 71:24
Ask others to mediate	Mat 18:15-17
Blessed are the peacemakers	Mat 5:9-12
Circular causality	Lk 6:37-49
Don't weary doing good, reap what we sow, Spirit will help us	Gal 6:7-10
Reconcile through the cross	Eph 2:13-16

RP End

Other - Church family issues:

Do good to all men, but esp. others of faith	Gal 6:10
Love overlooks insults	Pro 10:12
Treat unresolvable conflict as unsaved	Mat 18:15-17
Hold your tongue	Pro 11:12-13

Next edition "Rebuke" "Unity & Community" and more!

RM - Remnant

In the last days, a remnant is called to keep and share the commandments of God and the faith of Jesus. This spiritual Israel proclaims three angels of Rev 14; coinciding with judgment in heaven. Every believer is called in this worldwide witness. Belief #13

God prepares a way	Gen 45:7
They will trust God	Zep 3:12-13
They obey God	Hag 1:12
God preserves a few (not perfect)	Isa 1:8-9
Come from all places	Isa 11:11
Chosen by grace	Rom 11:5
We belong to Abraham	Gal 3:28-29
Calls out Abraham	Gen 12:1-3
Jesus, the true shepherd	Jn 10:16
A holy priesthood	1 Peter 2:9-10
Announce God's Judgement	1 Peter 4:17
God's true church's message in last hour	Rev 14:6-12
The basis of worship is God made us	Rev 4:11
The symbol of creation is the Sabbath	Ex 20:8-11
A worldwide, mission movement	Mk 16:15
Urge others to be faithful	Jude 3

RM End

RI - Righteousness & Sanctification

See Faith first, then Obedience, then read this study. Righteousness is not specially defined in the Bible but the word itself gives us a clue. Righteousness is right doing. Strongs suggests morally right or just in his definition.

Ours is rags	Isa 64:6
We are blind to our condition, need Christ's r	Rev 3:17, 18
Garment = righteousness, put on God's	Isa 61:10
Comes from God, look to Him	Isa 51:1-6
Jesus is our righteousness	1 Cor 1:30
The gospel reveals	Rom 1:16, 17
God wants it for us, self-control	1 Th 4:3-8
We are to pursue, connected to love	Pro 21:21
Starts with belief	Gen 15:6
Faith counted for righteousness	Rom 4:5
Continues with obedience	Deu 6:25
Obey the truth, it lasts forever	1 Peter 1:21-25
Seek peace	Jas 3:18
New command is an old one, truth = light	1 Jn 2:7-11
Peter's Ladder	2 Peter 1:1-11
Even Paul didn't claim to have, yet	Phil 3:9-14
We are sanctified by Christ who is Truth	Jn 17:17-19
Listen, peace, right doing forever	Isa 51:7, 8
New heaven and earth	2 Peter 3:13

RI End

Did you notice a repeating theme? Look vs blindness.

Summary:

Righteousness comes from God / Christ through faith leading us to follow / obey Him in love, giving us peace.

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SA - Sabbath

The gracious Creator, after the six days of Creation, rested on the seventh day and instituted the Sabbath for all people as a memorial of Creation. Sabbath as the day of rest, worship, and ministry in harmony with the teaching and practice of Jesus. See also Remnant. Belief #20.

God set the Sabbath apart at creation	Gen 2:1-3
Sabbath, a symbol of salvation, still stands	Heb 4:1-11
God is Lord of the Sabbath, find joy in	Isa 58:13-14
Son of man is Lord of	Lk 6:5
We worship Creator by keeping, rest, no work	Ex 20:8-11
Jesus was a faithful Sabbath keeper	Lk 4:16
Paul met with Jews and gentiles	Acts 13:42-44; Acts 18:4
Jesus predicted would be kept in 70AD	Mat 24:20-21
Continues, end of the 1st century	Rev 1:10
Begins sunset Fri, ends sunset Sat	Lev 23:32
Friday - the preparation day	Lk 23:54
Saturday - Jesus & followers rested	Lk 23:56
Sunday - the day Jesus was resurrected	Lk 24:1
In the new heavens and the new earth	Isa 66:22-23
Holy convocation, gathering, worship	Lev 23:3
God grants a special blessing on	Isa 56:1-2
Not buy/sell, trivialize, ordinary activities	Neh 13:15-22
Lay aside an offering on Sunday before Sabbath	1 Cor 16:2
God rebuked gathering manna on	Ex 16:26-30
Jesus did good, relieve suffering, on Sabbath	Mat 12:1-12
Sabbath for man by Jesus	Mk 2:27-28

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SV - Salvation

In infinite love and mercy God made Christ, who knew no sin, to be sin for us, so that in Him we might be made the righteousness of God. See Faith next. Belief #10.

God desires to save you	2 Peter 3:9
God wants ALL to be saved	Isa 45:22
God the Father's will	Gal 1:3-4
Jesus died for, believe on Him	Jn 3:16-17
Died while we were sinners	Rom 5:6-10
The law reveals, no one excluded	Rom 3:22-23
It is not something to be "earned"	Rom 3:24-27
Salvation is for all people	Titus 2:11
Saved only through Jesus	Acts 4:12
Those who hear and believe	Jn 5:24
Repent & confess any known sins	1 Jn 1:9
You can know you have	1 Jn 5:13-14
Comes by Jesus	Jn 1:17
Believe that God has forgiven you	Eph 1:6-7
We must be born again	Jn 3:3-8
Grace a gift, saved by faith to work	Eph 2:4-10

SV End

SR - Strength & Courage

There are times when we feel on top of the world. Full of energy, hope, and courage. Other times defeat and fear beckon. God's word has many promises for strengthening us and giving us courage in times of stress and struggle. I remember someone once said, it's not bravery or courage if you aren't scared. See also Hope.

It can feel unfair to suffer	Ps 13:1-2
God is with us through the difficulties	Isa 43:3-5
God gives us the strength we need	Isa 40:28-31
God will not leave you	Deu 31:8
God is our help	Ps 54:4
God is with the oppressed	Ps 9:9
Christ is our Shepherd	Ps 23
It can feel overwhelming but faith helps	Ps 13:3-5
The Lord delivers, even comfort in death	Ps 18:2-6
God will shelter us	Ps 27:4-5
We are promised we can have	Jos 1:5-9
With God for us, nothing against us	Rom 8:31
Put your life into Gods hands	Ps 1:1-6

(See also Victorious Living for strength to overcome)

SR End

T/U/V

TG - Thankfulness & Gratitude

There are so many reasons to be thankful. When we are thankful, it helps keep some of the negative distortions that creep into our thinking from emotional reasoning to discounting the positive to having a negative mental filter, being grateful can put reality back in mind. We can be unknowingly influenced by the world around us, especially the entitlement wave that has been flooding social media. This has led to prosperity preaching, and other dangerous teachings. We are to be content with what God gives us, even while we move forward in goals for ourselves. That doesn't mean we can't have grand plans for the future but we live in the present and our grateful for those things we have now. See Peace & Contentment.

Jesus, our example, gives thanks to His Father	Jn 11:41
We are to offer a sacrifice of thanksgiving	Ps 50:14
Do not cease to give thanks, t for everything	Eph 5:20
God is good, love endures forever	Ps 136:1; 107:1
God's guidance and we get to spread His love	2 Cor 2:14
Be thankful for salvation, use song	Ps 95:1-2
Give thanks for friends and colleagues	1 Cor 1:4; 1 Th 1:2
Thanks for the gift of Jesus	2 Cor 9:15
Thank for God's power & reign	Rev 11:17
Receive all that is good with thanksgiving	1 Tim 4:4-5
Really, be thankful for everything	1 Th 5:18
With all our heart, Recount God's deeds	Ps 9:1
Journalling, writing poems/songs, remember	1 Chr 16:7-12
A Psalm for giving thanks	Ps 100:1-5

TG End

TM - Temptation, Promises For

Also see Overcoming Sin, Victorious Living, and Obedience.

About temptation, God never tempts Jas 1:12-15

Jesus tempted, used scripture Lk 4:1-11

Devil is persistent, we must be too, angels attend Mk 1:13

Jesus faced every temptation, yet didn't sin Heb 4:15,16

Temptation itself cannot be a not a sin. Just because you have a passing thought doesn't mean you've sinned.

It's hard, need to resist, focus directly on Christ Heb 12:4, 12-13

We are not alone, God prevents too much 1 Cor 10:11-13

Ask God to protect you from Mat 6:13

Resist the devil 1 Peter 5:8-9

Put Gods word in your heart to protect you Ps 119:11

Watch and Pray Mat 26:41

Even if others around fall, choose God He will protect you THROUGH temptation even if not FROM it Ps 91:1-10, v14-15

TT End

TS – Tithe & Stewardship

We are God's stewards, entrusted by Him with time, abilities and possessions, and responsible for their proper use. See also Generosity and Peace/Contentment. Belief #21

Everything is God's	1 Chr 29:12-14
God grants us ability to get wealth	Deu 8:17-18
Get wealth honestly, don't be greedy	Lk 3:12-14
Wisdom is better than wealth	Pro 16:16
Will a man rob God? How?	Mal 3:8-12
Consequences to robbing God	Hag 1:3-9
Honor God first	Pro 3:9-10
Treasure is, there your heart will be	Mat 6:19-21
Abraham paid tithe to Melchizedek	Gen 14:18-20
Tithe for Levites (pastors & gospel workers)	Num 18:21
Tithe is for all the temple (church) workers	Neh 10:37-39
A tithe equals a tenth	Lev 27:32
Early church example, privilege to donate	2 Cor 8:1-15
Tithe does not take the place of mercy	Mat 23:23
We give as unto God	Mat 25:34-40
We are to give to the poor	Pro 19:17
We are pleased to care for the less fortunate	Rom 15:26-27
God's religion cares for the needy	Jas 1:27
Give, don't expect it back	Lk 14:13-14
Live the gospel, spiritual and material go together	1 Cor 9:7-14
We are to be wise managers, stewards	Lk 12:42-48
Your heart is where your treasure is	Lk 12:34

TS End

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UR – Unpardonable Sin & Rejecting God

See Salvation & Forgiveness!

Is there an unpardonable sin?	Mat 12:31-32
We are not to reject God's law	Lev 26:43
When reject Gods messengers we reject Him	Lk 10:16; 1 Sam 8:7
Reject the Word there are consequences	1 Sam 15:23
Saul didn't get the kingdom back just because he said sorry. He was allowed to continue to worship God after repeated pleading, see v 30-31	
God "rejects" us only after we reject Him	2Kg 17:19-20; Deu 32:18-19
Promise for rejected exiled	Jer 30:2-3
We can come back to God	Eze 18:21-23
God wants us to turn from evil	Eze 33:11
Warning against resisting Holy Spirit	Acts 7:51
God teaches us through the Holy Spirit	Jn 14:26
Sinning on purpose, continued rejecting God	Heb 10:26-29
Grace is shown, they reject, ignore God	Isa 26:10-11
Now is the right time to respond to God	2 Cor 6:1-2
If we desire forgiveness, it is available	1 Tim 1:13-16

UR End

USA - USA in Bible Prophecy

The prophecies of Dan and Rev follow the sequential flow of history of Israel and nations around it. She also Mark of the beast.

God sets us nations for a time

2 Chr 20:6

Identifying marks which reveal the leopard like beast of Rev 13 as representing the Roman church. See Mark of the beast.

The second beast arises at the same time the first beast goes into captivity, around _____. It is a separate power Rev 13:10

The second beast rises rapidly from the earth (not well populated). Has two horns with no crown. US has no king and is a democratic/republic two-pronged government. Rev 13:11

The features of the lamblike turned to that of a dragon, religious liberty is followed by religious oppression. Rev 13:11-12

The second beast (the United States) gives its influence to the first beast, the papacy. The central issue in the final conflict is worship, The Sabbath is God's eternal sign of true worship. Rev 4:11; Ex 20:8-11; Eze 20:12. See Mark vs Seal.

Satan will use miraculous signs and wonders at a time of international crisis to forge a union of church and state power, and violently oppose and oppress God's people. Rev 13:13-14

USA End

VL - Victorious Living

If God commanded it, you can do it. There are many Bible commands about various things we are tempted by, search those out to put His word in your heart. The following study is a general approach to build self-control and deal with temptation. See also Overcome, Temptation, Obedience - Abiding in Christ, and Strength/Courage.

It's hard to give up habits and sin 1 Peter 4:1-3

We will feel urges, temptations Gal 5:16-17

We can walk by choice/faith 2 Cor 5:7-9

Live or die as unto the Lord Rom 14:8

Desires are from the world 1 Jn 2:16

Avoid associations that tempt you 1 Cor 5:9-11

We are weak, but that's ok 1 Cor 1:26-28

The law helps us to die to self, Christ lives in you Gal 2:17-19

(See Overcome as well, v 20-21)

Avoid the source (resist the devil) Jas 4:7-10

Avoid danger of being too restrictive of good / acceptable pleasures as it can hurt your self-control for other things 1 Cor 7:5

(Bonus: Self-control is a fruit of the Spirit, see study on God - Holy Spirit specifically Gal 5:22-23 as well as Christian Behaviour)

Understand your triggers Mk 14:38

Don't make opportunity for Eph 4:27

Prayer an important part Lk 22:40

Ask God to protect you from temptation Lk 22:46

Put on the armor of God Eph 6:10-18

Faith God will work in you Phil 2:13

Grace redeems us Titus 2:14

God promises to keep you Jude 1:24

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W/X/Y/Z

WS - Wisdom

Ask for wisdom	Jas 1:5-8
Wisdom from God is pure, gentle, good	Jas 3:17
God gives wisdom through the cross	1 Cor 1:18-25
Fear God is the beginning	Pro 1:7
Need to listen and accept	Pro 19:20
Acquire knowledge	Pro 18:15
Wisdom comes with age	Job 12:12-13
Build on Christ the rock	Mat 7:24
Continue to learn about God	Rom 11:33
God's knowledge is infinite	Ps 147:5
Be cautious, turn from evil	Pro 14:16
Build up, not tear down	Pro 14:1
If we are righteous we will be wise	Ps 37:30-31
Solomon's gift (listen to his words)	2 Chr 1:11-12
We get things wrong, ok to learn	Pro 23:12
Blessings from	Pro 8:32-35

WS End

Bonus:

Proverbs chapter 2 to 4

WI - Worthlessness & Inadequacy

There are many thoughts that make us feel worthless and inadequate. Just one can be the We vs Me scenario. How we look at ourselves in the context of the world around us can impact our sense of value. If we only see ourselves as an individual we will be in competition with everyone else. If we only see ourselves as subservient to others we will never be good enough. Rather we can look at ourselves in context. How can I be apart of the world around me? In what way can I be of service to bring joy to others? What things don't I have control over and are not my responsibility? Another way we feel inadequate is related to feeling worth. Trouble is what exact does that mean? How do you feel worth? How do you determine worth? Another form of inadequacy comes from people pleasing. That has it's own issues. Learn more in this study. See also Shame, Depression, Peace, Strength/courage, and Mental Health.

A loving God created you	Ps 139:13
He created you for glory	Isa 43:7
You are adopted into His family	Eph 3:14-15
God knows us by name, even Moses struggled	Ex 33:12-13
Jesus gave His life for you, we are all His family	Gal 3:8-9
Don't worry about "worth"	Pro 11:2
We are all weak and nothing.	2 Cor 11:30; 12:11
God doesn't have favourites	Gal 2:6
We don't need others approval	Pro 29:25
Be warned against people pleasing	Gal 1:10
We can't please everyone	Mat 11:18-19
We can be happy without feeling good about one's accomplishments.	
We depend on God not ourselves	Rom 9:16
Self-esteem, as the world teaches it, is unnecessary because worth is an arbitrary value. Self-worth doesn't mean anything	Acts 20:24

WI End

Commentary:

A tool that can be helpful for feelings of worthlessness, once you establish logically you have infinite value as a child of God, is to Be Specific* where you get out of the clouds of abstraction and list specific flaws you have as a human being. Are there some you have no control over? Which ones would you like to improve? What 3 steps can you take to improve ONE of those?

** by Dr. David Burns, see my booklet, "The Truth Shall Set You Free"*

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WP - Worship & Praise

Worship is the theme of the first angel's message, as well as a third angel's message, see Rev 14:6-9. A common theme in scripture when studying worship, God is Creator. See also Sabbath. The following study focuses mostly on how rather than why we worship but it's impossible to separate the two so I encourage you to do the studies on Sabbath, Remnant, and of course God.

All will w once Gods righteousness is revealed	Rev 15:2-4
1 st use of word in context of sacrifice	Gen 22:5
We are to sacrifice as part of worship	2 Kings 17:36
This is our sacrifice, thanksgiving	Ps 107:22
It is good to praise God	Ps 147:1, 7
Worship in awe and thanksgiving	Heb 12:28-29
Worship in song with joy and pathos	Ps 98:4-9
Praise God for His love and salvation	Ps 118:1-7
Praise continually, together in groups	Ps 34:1-3
Sing and give thanks	Ps 105:1-3
Praise God all day	Ps 113:1-3
Praise even when in bad situations	Acts 16:25
We must turn from old master to new	Ex 8:20
Through Jesus we offer continual w	Hew 13:15-16
Fix our hearts on God	Ps 57:7-11

WP End

Bonus

Good example of	Ps 145
Praise God for all He does	Ps 150

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Study Ideas & Starting Verses

Print on label paper and place in the back of Bible to have starting verses.

Fundamentals

GD - God, Who is He?	Ps 25:8-11
BI - Bible, God's Word	Ps 12:6
SV - Salvation	2 Peter 3:9
EL - Eternal Life	1 Jn 5:11-12
CR - Creation	Gen 1:1-26
EV - Evil, origins	Gen 1:31
HN - Human Nature	Gen 1:27
GC - Great Controversy	Eze 28:12-18
AV - Advent 2nd Coming	Jn 14:28
LW - Law, God's 10 Commandments	Ex 20:3-17
SA - Sabbath	Gen 2:1-3
CS - Communion Service	Ex 12:11-14
DA - Death Pt 1: Aleep in Jesus	Jn 16:16
DE - Death Pt 2: The Soul	Gen 2:7
HW - Hell, destruction of the wicked	2 Peter 3:7-9
HV - Heaven & New Earth	Is 45:18
FA - Faith	Heb 11:1-4
OB - Obedience = Abide in Christ	Jn 15:4-7
LV - Love, Agape	1 Jn 4:7-16
CB - Christian Behaviour	Mat 7:21
GN - Generosity	Mk 12:41-44
TS - Tithe & Stewardship	1 Chr 29:12-14
BP - Baptism	Mk 1:45
RI - Righteousness & Sanctification	Isa 51:1-6

Daily Life

DV - Devotions, time with God	Jer 29:13
PY - Prayer, how to	Mat 6:5-13
PR - Prayer Principles	Jer 33:2-3
WP - Worship & Praise	Rev 15:2-4
NL - Nature Lessons	Is 45:18
VL - Victorious Living	1 Peter 4:1-3
TM - Temptation, Promises For	Jas 1:12-15
DC - Decisions, guidance for	James 1:5
WS - Wisdom	Jas 1:5-8
ER - Error, avoid & find truth	Ps 119:105
HP - Health Principles	Gen 1:27
HD - Healthy Diet	Gen 1:29
RL - Relationships	Pro 17:4
RC - Relationships, Communication	Pro 15:28
RS - Relationships, Errors & Struggles	Pro 18:6-7
LF - Friendship & Phileo Love	Jn 5:20
RP - Relationships, problem people	Zec 7:9-13

JG - Judging & Judgemental	Jos 5:20
MA - Marriage	Gen 2:18-25
PA - Parenting	Ps 78:1-8

Healthy Mind & Soul

HM - Healthy Mind	Isa 1:18
MG - Mercy & Grace	Ps 103:8-13
AX - Anxiety & Worry	Ps 55:1-6
AR - Anxiety & Worry, Promises for	Mat 6:25-34
GF - Grief & Sadness	Ecc 3:4
WE - Worthlessness & Inadequacy	Ps 139:13
DP - Depression	Ps 56:8
HL - Hopelessness	Ps 34:17
HO - Hope	Ps 119:50
PC - Peace & Contentment	Ps 18:28-29
TG - Thankfulness & Gratitude	Jn 11:41
JY - Joy & Happiness	Lk 6:21
HU - Hurt, Past Wounds	Ps 56:1-2
RJ - Rejected & Dismissed	Jn 1:11
JU - Justice	Amos 5:24
GS - Guilt & Shame	Gen 2:25
FO - Forgiveness	Ps 32:1
HS - Hardship & Suffering	Is 53:3
LL - Loneliness, alone	Ps 102:7
SR - Strength & Courage	Ps 13:1-2
AG - Anger	Ex 4:14
KG - Kindness & Grace	Zec 7:9
HH - Health & Healing	Mat 13:27-28
OC - Overcome Sin & Self-Control	Pro 21:17
OE - Overcoming Excess	Ps 104:14
OA - Overcoming Alcohol & Other Drugs	1 Tim 5:23
RD - Reconciled to God	Eph 1:4-14

Deeper Dive

GT - Godhead	Gen 1:26
GF - God the Father	Jn 14:8-11
GH - God the Holy Spirit	Jn 16:7-15
GJ - God the Son	Jn 1:1-3
AN - Angels	Ps 148:2, 5-6
GP - Prophecies of Messiah	Mic 5:2
IN - Intercession Part 1: Our High Priest	Ex 25:8-9
IT - Intercession Part 2: The 2300 Days	Dan 7:7-10
EU - Europe's Future Prophecy	Dan 2:1-11
USA - USA in Bible Prophecy	2 Chr 20:6
BB - Babylon, Symbolic & Spiritual	Eph 5:31-32
MK - Mark vs Seal Prophecy	Rev 13:1
ML - Millennium, 1000yrs	Rev 19:21
UP - Unpardonable Sin & Rejecting God	Mat 12:31-32
JF - Judgment, final	Mat 12:36-37
PG - Prophecy, Gift Of	Amos 3:7

LC - Law, ceremonial, civil & more Gen 47:26
RM - Remnant People Gen 45:71
CH - The Church.....Mat 16:16-20
CF - Church Family & Function.....Eph 2:19-22

As you study, ask yourself: How does this draw you closer to God? How is God's love revealed? In what way is God guiding you through His work on this topic?

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