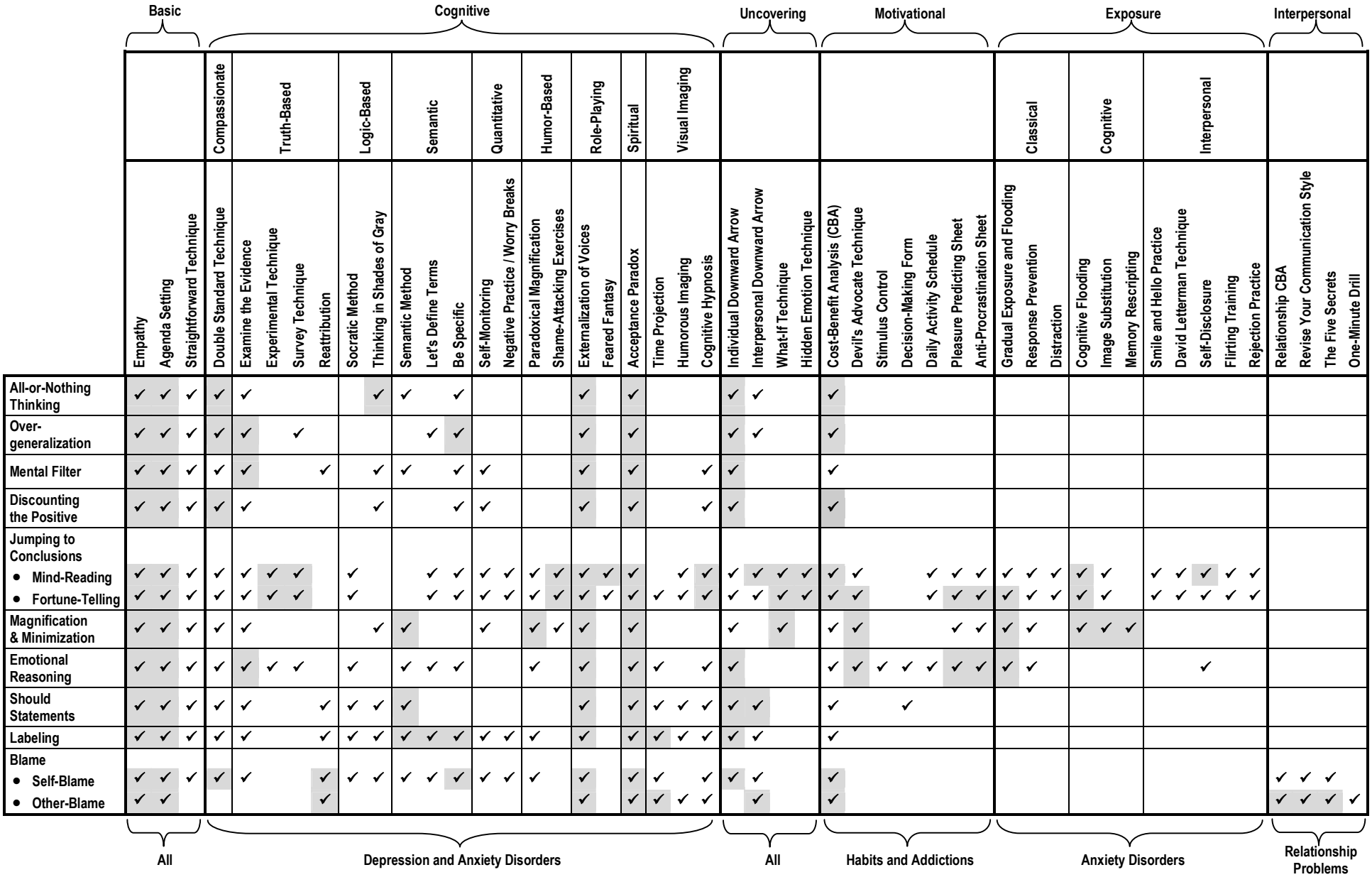How to Select Techniques for Each Distortion*